



Course Library

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Essential Learning
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New Courses Developed in 2008

- Confidentiality of Substance Abuse Treatment
- Twelve Steps
- ASAM Patient Placement Criteria
- AIRS: Confidentiality
- Ecobehavioral Approach to Individuals with IDD
- Clinical Supervision: Special Topics Part 1
- Clinical Supervision: Special Topics Part 2
- Clinical Supervision: Core Elements
- Clinical Supervision: Assessment/SMI Services:
- Clinical Supervision: Recovery Model
- Clinical Supervision: Population Specific
- Suicide: The Forever Decision
- Suicide as a Sentinel Event
- Strength Based Perspectives for Foster Parents
- Effective Response to Crisis Intervention
- Inner Bullies
- AIRS: Database Maintenance
- WRAP®: Creating a Wellness Toolbox
- HIPAA for State and Psychiatric Hospitals
- WRAP: Advance Directive/Crisis Management Plan
- WRAP: Developing a Daily Maintenance Plan
- Overview of Suicide Prevention
- AIRS: Serving Young People
- Sexual Harassment Prevention Training for CA Supervisors
- Sexual Harassment Prevention Training for Supervisors
- Staying Safe in any Situation: SMART Principles
- Trauma Informed Treatment for Children with Challenging Behaviors
- Ethics and Indigent Care in Behavioral Health
- Social Skills Training with Children and Adolescents with Autism Spectrum Disorder
- Internalizing Disorders
- General Rules for Mental Health Documentation and Coding
- WRAP: Triggers and Triggers Action Plan
- An Introduction to Cluster-Based Planning
- First Aid Refresher
- Evidence-Based Practice For Major Depressive Disorder: An Analysis Of Client Outcomes And Costs
- The Impact of Chronic Medical Disorders Among Persons with Serious Mental Illness and a Model for Change
- Implementing a Cross-Agency Behavioral Assessment System for Children
- Mental Health Policy 2008: Winners Curse?
- PTSD Then and Now, There and Here
- Suicide Prevention Gatekeeper Trainings, From Process to Outcomes: A Data Driven Story
- Use of Antipsychotic Medications with Children: A Comprehensive and Current View
- Using Data, Transforming Practice: Evaluating Mental Health Transformation in Washington State
- Creating a Recovery-Based Mental Health Plan
- Establishing Benchmarks for a Recovery Oriented Mental Health System
- Forging Your Recovery Path
- Putting Recovery Skills into Your Practice

General Information

- The courses offered in the Essential Learning Open Library are designed for licensed behavioral health professionals.
- For members subscribing to the All-Inclusive Plan, these courses are offered to you at no cost (except where indicated otherwise) by your employer. Courses are available to you for as long as your employer subscribes to the Essential Learning Library. Organizations on the Basic or AIRS plans subscribe to a portion of the full library.
- Courses are accessed via the Internet. Course materials may be printed out and read to visually impaired participants. Several courses are audio-accompanied. Please contact your employer or [Essential Learning Support](#) to inquire about available accommodations.
- A certificate of completion will be awarded after you pass a web-based post-test with $\geq 80\%$ score and complete the course evaluation.
- The Course Library provides the number of credit hours for each course. Courses that are non-credit are labeled as such.
- Please contact Essential Learning's Administrator of Continuing Education by email at jcohen@essentiallearning.com with questions or grievances.
- Essential Learning is an approved provider of continuing nursing education by The Arizona Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- In addition to the courses in the Open Library, members subscribing to the All Inclusive plan receive access to the [Archive Library](#). Courses in the archive are not approved for continuing education accreditation and are provided for informational purposes only.
- Essential Learning also offers a Supplemental Library consisting of Administrative Skills courses for better computer training. Courses are available for purchase on a per user basis. For a description of courses and pricing information on the supplemental library click [here](#).

Accreditation Information

Essential Learning is a continuing education provider approved by the following national accrediting organizations:

ANCC – Arizona Nurses Association/American Nurses Credentialing Center

APA – American Psychological Association (#1693). **Essential Learning is approved by the American Psychological Association to sponsor continuing education for psychologists. Essential Learning maintains responsibility for this program and its content.**

ASWB - Association of Social Work Boards (#1103)

NAADAC – National Association of Alcohol and Drug Abuse Counselors (#0484)

NBCC – National Board of Certified Counselors* (#6110)

Please Note: Many states accept national accreditation in lieu of state specific approval.

The following state boards do not accept national accreditation for the identified professions therefore Essential Learning has obtained state board approval by the following:

- 1 New Jersey** State Board of Marriage and Family Therapy Examiners
- 2 Florida** Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (#50-3895)
- 3 Texas** State Board of Examiners of Marriage and Family Therapists and Texas State Board of Social Work Examiners (CS4349) and Texas State Board of Professional Counselors (2602)
- 4 State Of Illinois**, Department of Financial and Professional Regulation, Registered Social Worker and Marriage and Family Therapist Continuing Education Sponsor (Social Workers License No. 159-000933, MFT License No. 168-000165)
- 5 Alabama** State Board of Social Work Examiners Provider (#0216)
- 6 Ohio** Social Worker Board (RST050401)
- 7 Ohio** Marriage and Family Therapist Board (RST050401)
- 8 Ohio** PC (RCX100502)
- 9 CBBS** California Board of Behavioral Sciences (#PCE 2710)
- 10 CBRN** California Board of Registered Nursing (#13791)
- 11 CAADE** California Association of Alcohol and Drug Educators (CP10 780 H 0309)
- 12 CAADAC** California Association of Alcohol and Drug Abuse Counselors (1-S-06-729- 0208)
- 13 Louisiana ADRA** – Louisiana Addictive Disorder Regulatory Authority (AEP Provider #E062)
- 14 DC-RN** District of Columbia Board of Nursing Approved Continuing Education program (CE provider #50-9299)
- 15 Illinois Professional Counselor/Clinical Counselor:** Department of Financial and Professional Regulation License #No.197.000142.
- 16 Florida Board of Nursing** CE Provider #: 50-3895
- 17 Florida Certification Board** (5101-P)

The following Boards approve courses on a specific course basis - additional course-specific accreditations are shown below as applicable.

AHIMA – American Health Information Management Association

BREI – The Breining Institute for Registered Addiction Specialists (Provider #CEP0802131128-ELE-HS)

CCB – Connecticut Certification Board

CCMC – Commission for Case Manager Certification

CRCC – Commission on Rehabilitation Counselor Certification

IAODAPCA – Illinois Alcohol and Drug Abuse Professional Certification Association

Kentucky MFT – Kentucky Board of Licensure of Marriage and Family Therapists

Kentucky A&D – Kentucky Board of Certification of Alcohol and Drug Counselors

MA-MFT – Massachusetts Association for Marriage and Family Therapy

MCBAP – Michigan Certification Board for Addiction Professionals

MN-MFT – Minnesota Board of Marriage and Family Therapy

MSACCB – Missouri Substance Abuse Counselors' Certification Board

NADC – Nebraska Alcohol and Drug Certification Board

NAHQ – National Association for Healthcare Quality

NASW – National Association of Social Workers

OASAS – New York State Office of Alcoholism and Substance Abuse Services (Provider #0754)

OCDP – Ohio Chemical Dependency Professionals Board

OK-LMFT – Oklahoma Licensed Marriage and Family Therapists

OK-LPC – Oklahoma Licensed Professional Counselors

PA-SW – Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors

PCB – Pennsylvania Certification Board (PCB provider #460)

PDH – Professional Development Hours approved by the Employee Assistance Certification Commission

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Compliance/ OSHA Courses	Abuse	This course addresses recognizing, responding and reporting signs of child, elder and spousal abuse. This course is available in Spanish.	1.5	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Basic Introduction to HIV/AIDS	This course provides a comprehensive overview of HIV and AIDS, including the most common methods of transmission, the signs and symptoms and the difference between the infection and the disease. It is intended as a basic training for all staff on the issues related to HIV and AIDS in the healthcare setting.	1.5	ANCC, NAADAC, 10, 11, 12, 13, 14, 16, 17
Compliance/ OSHA Courses	Bioterrorism	This course discusses the nature of the threat of bioterrorism, the characteristics of likely biological agents and methods of identifying and responding to potential bioterrorist activity.	1	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Bloodborne Pathogens	This course describes the steps an employee should take if they are exposed to blood borne pathogens. This course also discusses ways to prevent the spread of germs and disease by using the correct techniques for routine hand hygiene. This course is contained within Infection Control - Full Series and Infection Control Part 2.	1	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Client Rights	This course reviews the principles of ethical care, discusses the client's Bill of Rights and informed consent, outlines the process for obtaining informed consent and explains concepts such as advance directives, living will and healthcare surrogate. This course is also available in a version that refers to "patients" instead of "clients" under the title "Patient Rights." **Audio/Video Optional.	2	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Client Safety	This course describes methods of maintaining a safe environment for clients and discusses treatment errors, clinical equipment safety and microshock. This course is also available in a version that refers to "patients" instead of "clients" under the title "Patient Safety." **Audio/Video Optional.	2	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Client Transfers	This course addresses safe methods to accomplish bed to chair and bed to stretcher client transfers and describes procedures for safely ambulating with a client.	1.5	ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Compliance/ OSHA Courses	Confidentiality and HIPAA	This course defines what information is considered confidential, it reviews the HIPAA Privacy Rule, the concept of "minimum necessary", client rights and release of information, notice of privacy practices and best practices for privacy and security.	3	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Corporate Compliance and Ethics	This course discusses the concept of corporate compliance and how it benefits organizations; defines ethics, health care fraud and identifies high risk activities. It identifies and explains the elements of corporate compliance and how to report suspicious activities.	1	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Cultural Diversity	This course is an introduction to understanding the various components of cultural competence and how they apply to providing mental health and other human services to various groups of people and to individuals from within those groups.	2	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Customer Relations	This course presents general principles for fostering good customer relations, with both internal and external customers at an agency. It reviews telephone etiquette and explores way to assist with unsatisfied customers.	1.5	AHIMA, ANCC, 10, 14, 16
Compliance/ OSHA Courses	Deficit Reduction Act Compliance	This course describes the important provisions of the federal Deficit Reduction Act and the responsibilities of the organization and employees under the law. It provides a comprehensive review of ethical business practices in healthcare, identification of fraud and the importance of an effective compliance program. The course also covers the False Claims Act and Whistleblower provisions.	1	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Drugs in the Workplace	This course describes commonly abused substances (alcohol, depressants, stimulants, opioids) in behavioral healthcare settings. It also presents strategies for promoting a drug-free workplace, effectively intervening with affected co-workers and seeking personal help.	1	ANCC, 10, 14, 16

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Compliance/ OSHA Courses	Emergency Preparedness	This course reviews the four phases of emergency management, discusses the definition of all hazards planning, discusses the role of the health-care worker in the event of an emergency and discusses agencies that partner together to plan and coordinate emergency management.	1	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Environmental Safety	This course discusses safe practices for dealing with potential hazards in the workplace, electrical equipment, back injury, poor ergonomics, etc. A Spanish version is available.	2	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Fire Safety	This series covers: Fire Hazards, Environmental Controls, Fire Extinguishers, Fire Procedures, Fire Alarm Procedures, and Evacuation Procedures. A Spanish version is available.	3	ANCC, 10, 14, 16
Compliance/ OSHA Courses	First Aid Refresher	This course will provide a refresher training on first aid. It will help you know how to help a victim suffering from variety of non-life threatening situations as well as when to call 911.	5.5	ANCC, 10, 14, 16
Compliance/ OSHA Courses	General Rules for Mental Health Documentation and Coding	This course describes the purpose of medical record documentation, service locations and the definitions of place of service codes.	2	None
Compliance/ OSHA Courses	Hazardous Chemicals	This course reviews the types, universal symbols and appropriate precautions for hazardous chemicals found in the workplace. It provides information on how to interpret information on an MSDS and the various types of personal protective equipment used when working with hazardous chemicals. A spanish version is available.	1.5	ANCC, 10, 14, 16
Compliance/ OSHA Courses	HIPAA for State and Psychiatric Hospitals	This course is designed to identify areas where staff of state hospitals need to pay particular attention to avoid violations and potential fines. It can be used to orient staff who are new to the hospital and serve as a refresher/review for seasoned staff.	1.5	ANCC, 10, 14, 16
Compliance/ OSHA Courses	HIPAA Privacy Rule	This course is primarily intended for staff members who have contact with clients and client records. It provides detailed information on the use and disclosure of protected health information. **Audio/Video Optional.	1	ANCC, 10, 14, 16

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Compliance/ OSHA Courses	Impaired Healthcare Professionals: Identification and Management	This course addresses the JCAHO requirement to identify and assist impaired professionals in the healthcare setting. It discusses the need for staff members to be fully aware of their role in the identification and reporting of impaired professionals. Signs and symptoms of impairment and the effect on client/patient safety are discussed.	1	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Infection Control Full Series	This series covers: Transmission of disease, hand hygiene, precautions to prevent transmission of infectious agents and biohazardous waste. Infectious diseases including Hepatitis, HIV/AIDS, Tuberculosis and MRSA are also discussed. This course contains Infection Control Part 1, Part 2, and Management of Exposures. This course is available in Spanish.	4	ANCC, BREI, 10, 14, 16
Compliance/ OSHA Courses	Infection Control Part 1	The is course provides basic information on transmission of diseases, how to prevent transmission through use of correct precautions and how to identify, label and dispose of hazardous waste. This course is contained within Infection Control - Full Series.	2	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Infection Control Part 2	This course describes the difference between Hepatitis B & C and the ways in which they are transmitted. It also describes the differences between HIV and AIDS and prevention methods for HIV. The risk of exposure to Tuberculosis is discussed and the use of transmission-based precautions to prevent the spread of TB. Procedures to take in the event of an exposure to a blood-borne pathogen are reviewed. This course is contained within Infection Control - Full Series.	2	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Language of Violence: The Lalemand Scale	This course is designed to give the learner a quick way to evaluate and differentiate between different levels of dangerous behavior. The scale is designed to create a context for the exploration of response options.	2	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Latex Allergy	This course describes the nature and symptoms of a latex allergic reaction how to respond appropriately.	1	ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Compliance/ OSHA Courses	Legal Issues Update: Medicare Part D	This course provides an overview of the implications of the Medicare Part D Prescription Drug Benefit for clients, provider organizations and clinical practitioners who are stakeholders in the public behavioral health system.	2	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Compliance/ OSHA Courses	Mental Health Services Act	This course is designed to introduce California customers to the components of the act, including the focus on early intervention and prevention, culturally competent treatment, stigma reduction and statewide training requirements	1	None
Compliance/ OSHA Courses	Operationalizing Quality	This video course describes the issues around operationalizing quality in the healthcare environment. It discusses change by design, the scope of quality in what we measure and the use of data to provide on goin CQI and outcomes.	2	ANCC, APA, ASWB, NAHQ, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Compliance/ OSHA Courses	Performance Improvement	This course discusses the two main interrelated processes in performance improvement. The foundation of performance improvement is discussed as well as benchmarking and how it is useful in the performance improvement process.	1	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Personal Safety in the Community	This course will discuss how to prepare yourself to be safe when going into the community for a visit. It teaches you how to prepare, what to expect and warning signs to look for during a visit and hw to leave a visit safely to return to your home or office.	3	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Predicting Violence and Threat Assessment	This course covers two main topics; the first is predicting future violence in general and then the more specific task of assessing the validity of a verbal threat.	3	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Quality Improvement	This course discusses healthcare quality improvement; the history of quality improvement and the most recent initiatives in improving healthcare in America.	1	ANCC, NAHQ, 10, 14, 16
Compliance/ OSHA Courses	Restrictive Practices	This course presents a philosophy for using restraints and discusses alternatives to restraints, types of restraints and restraint orders. **Audio/Video Optional.	2	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Security	This course describes procedures for protecting personal and institutional property, maintaining a safe working environment and precautions required for security-sensitive areas.	1	ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Compliance/ OSHA Courses	Sexual Harassment	This course provides an overview of what constitutes sexual harassment and describes how to identify illegal behavioral and the necessary steps to respond appropriately.	1	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Sexual Harassment & Workplace Harassment	This course provides an overview of what constitutes sexual harassment and describes how to identify illegal behavioral and the necessary steps to respond appropriately. It also describes the other types of harassment that may occur in a hospital or facility and prevention of workplace harassment.	1.5	ANCC, BREI, PDH, 10, 14, 16
Compliance/ OSHA Courses	Sexual Harassment Prevention Training for CA Supervisors	This two hour course is fully compliant with the mandatory requirements of California AB 1825. Our course is highly interactive, and challenges the trainee with questions that assess learning and provides skill building activities to assess the supervisors' application and understanding of the content learned. A link to the trainer is provided within the course to allow the learner to ask questions and have them answered within the required time frame.	2	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Sexual Harassment Prevention Training for Supervisors	This course describes the important aspects about sexual harassment in the workplace. It defines the types of conduct that constitute sexual harassment, the remedies available and strategies to prevent sexual harassment in the workplace. Our course is highly interactive, and challenges the trainee with questions that assess learning and provides skill building activities to assess the supervisors' application and understanding of the content learned.	2	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Staying Safe in Any Situation: SMART Principles	This course describes quick and easy ways to make yourself safer in any situation, immediately. The NAPPI S.M.A.R.T. Principles give you a framework that will keep you safer and make you more effective.	2	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Variance Reporting	This course discusses types of variances that need to be reported and describes how to properly document and report a variance. **Audio/Video Optional.	1	ANCC, 10, 14, 16

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Compliance/ OSHA Courses	Video Display Terminals	This course provides information on the use of good ergonomics in the use of video display terminals and interventions that can be implemented to reduce the harmful effects.	1	None-Information only
Compliance/ OSHA Courses	Workplace Harassment	This course describes the types of harassment that may occur in a hospital or facility and prevention of workplace harassment. It also provides responses to accusation of harassment or to workplace harassment.	1	ANCC, 10, 14, 16
Compliance/ OSHA Courses	Workplace Violence	This course describes the types of violence that may occur in a healthcare setting and security practices and devices used to prevent violent incidents. It also provides strategies to diffuse violent incidents and to respond to violent incidents that are out of control.	1.5	ANCC, 10, 14, 16

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General Clinical	Age-Specific Care	This course reviews the physical, intellectual and psychosocial aspects of each phase of human development. It assists the clinician in developing appropriate expectations, communication techniques and an understanding of developmental issues at each phase.	3	ANCC, 10, 14, 16
General Clinical	Case Management Basics	This course reviews and discusses the role of case manager in the recovery of the client/consumer with severe and persistent mental illness. It provides an overview of the basic elements of effective case management including connecting, readiness, planning and crisis management. It also covers essential elements in planning and documenting case management services.	3	ANCC, ASWB, CCMC, Kentucky MFT, MN-MFT, NAADAC, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
General Clinical	Characteristics of Consumers who are Readmitted to State Mental Health Hospitals in Nebraska	This video course discusses research regarding readmission rates in Nebraska mental health hospitals, summarizes the factors that predict re-admittance to state mental health hospitals in Nebraska at 30 and 180 days post-discharge and reviews recent research in readmission rates. This course is presented by Shinobu Watanabe-Galloway, Ph.D, University of Nebraska. **Audio/Video Required	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
General Clinical	Clinical Supervision: Assessment/SMI Services	This video course covers the following subjects: <ul style="list-style-type: none"> • Supervisor as an Evaluator • Supervision of SMI Clinical Services • Assessment Tools <p>The content of this course was provided by the Training Institute in Association with the Arizona Department of Health Services and the Arizona Council of Human Services. **Audio/Video Required</p>	3.5	ANCC, APA, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Clinical Supervision: Core Elements	<p>This video course covers the following subjects:</p> <ul style="list-style-type: none"> • Supervision of Strength -Based Services • Core Elements of Supervision I • Core Elements of Supervision II • Ethical Issues in Supervision <p>The content of this course was provided by the Training Institute in Association with the Arizona Department of Health Services and the Arizona Council of Human Services. **Audio/Video Required</p>	3	ANCC, APA, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
General Clinical	Clinical Supervision: Population Specific	<p>This video course covers the following subjects:</p> <ul style="list-style-type: none"> • Supervision of Treatment and Substance Abuse & Co-Occurring Disorders • Supervision of Treatment of Substance Abuse & Co- Occurring Disorders • Supervision of Psychosocial Rehabilitation Services • Supervision Dual Diagnosis Services <p>The content of this course was provided by the Training Institute in Association with the Arizona Department of Health Services and the Arizona Council of Human Services.</p>	3	ANCC, APA, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Clinical Supervision: Recovery Model	<p>This video course covers the following subjects:</p> <ul style="list-style-type: none"> • Supervision of Client- Directed Outcome Informed Treatment • Supervision of Issues from a Family Perspective • Supervision of Issues from a Recovery Perspective • Supervision According to Family Team Principles <p>The content of this course was provided by the Training Institute in Association with the Arizona Department of Health Services and the Arizona Council of Human Services.</p>	4	ANCC, APA, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
General Clinical	Clinical Supervision: Special Topics Part 1	<p>This video course covers the following topics:</p> <p>Supervision of Motivational Interviewing</p> <p>Supervision of Cultural Competency</p> <p>Supervision of Clinical Documentation</p> <p>The content of this course was provided by the Training Institute in Association with the Arizona Department of Health Services and the Arizona Council of Human Services. **Audio/Video Required</p>	2	ANCC, APA, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
General Clinical	Clinical Supervision: Special Topics Part 2	<p>This video course covers the following subjects:</p> <ul style="list-style-type: none"> • Supervision of Client Directed Service Planning • Supervision of Evidence Based Practices • Supervision of Customer Service <p>The content of this course was provided by the Training Institute in Association with the Arizona Department of Health Services and the Arizona Council of Human Services.</p>	2.5	ANCC, APA, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

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General Clinical	Cognitive Behavioral Therapy	This 2.5 hour course discusses the development and the principles of cognitive behavioral therapy and explains the application of CBT to client who present with various issues including addiction, depression, anxiety, adjustment issues and personality disorders.	2.5	ANCC, APA, ASWB, LBP, NBCC, OK-LMFT, OK-LPC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Consumer Directed Behavioral Healthcare	This course discusses the concepts and principles of self-determination, empowerment and person centered planning. The methods of system transformation are also reviewed.	2	ANCC, ASWB, LBP, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 14, 15, 16, 17
General Clinical	Coordinating Primary Care Needs of People with SMI	This course is intended for non-medical members of the treatment team who provide treatment and rehabilitation services for individuals with severe persistent mental illness. The course contains information of sufficient depth so that clinicians can develop competence in assisting individuals who have chronic medical conditions or who are at risk to develop medical problems. Specific attention is given to why, when and how to link clients with the primary care system. The course material provides case studies and opportunities for the students to practice skills in assessment, treatment planning, psychoeducation, and documentation.	4	ANCC, ASWB, NAADAC, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 14, 15, 16, 17
General Clinical	Creating a Recovery-Based Mental Health Plan	The course will present two significant documents related to the delivery of recovery-based mental health services. The first document was developed in New York State over a four-year period, and has been contributed to and reviewed by over 10,000 users of mental health services. The document is known as the White Paper, "Infusing Recovery Based Principles into Mental Health Services." The second document, recently released by SAMHSA, is a consensus paper known as "The Ten Components of Recovery." The audience will see the similarity between these two documents--both have a unique perspective relating to recovery-oriented systems.	1.5	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16

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General Clinical	Crisis Management	This course discusses the essential elements of crisis management and presents the steps for crisis intervention and stabilization. It also discusses ways to assist clients in developing an individualized crisis prevention plan.	2	ANCC, ASWB, Kentucky A&D, Kentucky MFT, LBP, NAADAC, NBCC, PA-SW, PDH, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
General Clinical	Cultural Issues in Mental Health Treatment	This course reviews the confluence of clinical, social, cultural, organizational and financial reasons for minority groups being underserved by the mental health and human services systems. It discusses the ethnic and racial groups that constitute underserved populations and describes their changing demographics. The course reviews five culturally-specific psychiatric syndromes or idioms of distress and discusses the epidemiology and utilization of mental health services among the major racial/ethnic groups. The course also discusses social and cultural barriers to accessing mental health and human services.	3	ANCC, APA, ASWB, CCB, CCMC, IAODAPCA, Kentucky A&D, Kentucky MFT, MA-MFT, MCBAP, MSACCB, NAADAC, NASW, NBCC, OK-LMFT, OK-LPC, PA-SW, PDH, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
General Clinical	Dental and Oral Health	This course reviews the obstacles that may interfere with the practice of good oral hygiene and discusses strategies that may help the staff to encourage better dental health.	1	ANCC, 10, 14, 16
General Clinical	Dental and Oral Health for Individuals with MI	This course reviews the obstacles that may interfere with the practice of good oral hygiene and discusses strategies that may help the staff to encourage better dental health.	1	ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Disaster Mental Health Intervention: Project P-FLASH	<p>Project P-FLASH stands for Practical Frontline Assistance and Support for Healing. This 6 credit hour course reviews available knowledge on mental health effects of disaster survival from prior incidents of terrorism and previous disasters. It discusses PTSD, its prevalence, diagnosis, comorbidity and the associated risk factors. The authors address practical front-line skills for working with traumatized people in post-disaster settings.</p> <p>This course has been funded and supported by The September 11th Fund through a contract with Washington University School of Medicine in St. Louis, Missouri. The authors are Dr. Carol North and Dr. Barry Hong from Washington University in St. Louis and Dr. Betty Pfefferbaum of the University of Oklahoma in Oklahoma City.</p>	6	ANCC, APA, ASWB, LBP, NAADAC, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 13, 14, 15, 16, 17
General Clinical	Documenting the Treatment Planning Process	This course is designed to reinforce what clinicians and service providers already know about the treatment planning process and to offer direction and structure as to how to take that knowledge and articulate it in writing in any format or on any form. The course presents best practice methods in effective documentation to assist clinicians in accurately reflecting the true nature of the treatment planning process.	4	ANCC, ASWB, CCB, IAODAPCA, Kentucky A&D, MCBAP, MSACCB, NBCC, NAADAC, PA-SW, PCB, NADC, OASAS, OCDP, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
General Clinical	Domestic and Intimate Partner Violence	This course gives an overview of domestic violence, discusses the risk factors and clinical issues associated with domestic violence. It also describes the psychology of abuse and the best treatment strategies.	2	ANCC, APA, ASWB, CCB, LBP, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Effective Educational Strategies	This course discusses effective skills and techniques for teaching people who are recovering from severe and persistent mental illness. It explains psychoeducation and contrasts it with group therapy. The course also describes how to use pre and post knowledge assessments to measure outcomes and demonstrate progress toward measurable objectives. **Audio/Video Required.	3	ANCC, ASWB, Kentucky A&D, LBP, MCBAP, NAADAC, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
General Clinical	Effective Response in Crisis Intervention	This video course discusses techniques for managing crisis situations and reviews the phases of a psychiatric crisis as well as reviewing the assessment of risk factors for suicide.	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Establishing Benchmarks for a Recovery Oriented Mental Health System	The mental health system of the past century was designed, at best, to maintain people with psychiatric disabilities in the community and, at worst, to segregate people with psychiatric disabilities from the community. Now that a recovery vision is guiding mental health systems in many states, the entire system needs to be redesigned to be consistent with this vision. In order to accomplish this redesign, a consensus description of the dimensions of recovery must be understood, the empirical rationale for this system redesign must be described, the previous errors in service system design recognized and eliminated, and the current benchmarks for a recovery oriented system detailed.	1.5	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
General Clinical	Ethics and Indigent Care in Behavioral Health	This course reviews examples of ethical practice and potential ethical concerns in indigent care and explores the impact of funding on clinical outcomes.	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Evidence-Based Practice for Major Depressive Disorders: An Analysis of Client Outcomes	This course describes methods for using Medicaid data to monitor evidence-based practice guideline adherence and recognizing current treatment patterns for persons with major depressive disorder. The importance of using evidence-based practice guideline for major depressive disorder is articulated and the impact of APA guidelines on Medicaid expenditures is discussed.	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Family Assessment and Intervention	This course presents an overview of the family dynamics concept as well as methods of assessment and intervention models.	3	ANCC, ASWB, CCB, CCMC, Kentucky A&D, LBP, MA-MFT, MN-MFT, NAADAC, NBCC, OASAS, OK-LMFT, OK-LPC, PA-SW, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
General Clinical	Forging Your Own Recovery Path	This discussion will focus on various ways in which people can forge their own paths to recovery and on ways in which mental health services can either promote or impede the person's progress down these paths. Based on research involving people in recovery in a variety of capacities, the presenters will describe the active role of the person in his or her own recovery and its various components, some of the steps the person can take to assume and exercise such an active role, and some of the ways in which existing mental health services will need to be transformed, not only to allow for, but more importantly to actively encourage and support people in reclaiming the driver's seat in their own treatment and rehabilitation, as well as in their lives as a whole.	1.5	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
General Clinical	Guidelines for Documentation	This course discusses the importance of the medical record as a basis for planning course of treatment and as serving as critical legal document to substantiate care/service provided.	1	ANCC, CCMC, 10, 14, 16
General Clinical	HIPAA for Mental Health Professionals	This course provides an overview of the Health Insurance Portability and Accountability Act enacted by Congress in 1996 and its relevance to mental health professionals. It reviews the privacy protection for clients/patients' health information and administrative efficiencies through the standardization of health information electronic transfer. Specific requirements for mental health professionals in protecting health information are detailed.	1	ANCC, ASWB, Kentucky A&D, Kentucky MFT, NAADAC, NBCC, PDH, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	HIV/AIDS	This course provides comprehensive information on the HIV/AIDS connection including the symptoms of HIV infection and the diagnostic criteria for AIDS. It also includes a detailed discussion on the theories of immune system deficiency and treatment and prevention of the disease. This course also explores the prevalence and risk factors associated with minority and special populations. In addition, information about clinical research initiatives for HIV vaccines is included.	7	ANCC, APA, ASWB, BREI, CCB, CCMC, IAODAPCA, MA-MFT, MCBAP, MSACCB, NAADAC, NASW, NBCC, OASAS, OCDP, PA-SW, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
General Clinical	Illness Management and Recovery-- Evidence Based Practices	This course is based on content developed by The Substance Abuse and Mental Health Services Administration (SAMHSA). It is part of six Evidence-Based Practice Implementation Resource Kits by SAMHSA to encourage the use of evidence-based practices in mental health. This course reviews how to help people to set and pursue personal goals and to implement action strategies in their everyday lives.	2.5	ANCC, APA, ASWB, CCMC, CRCC, LBP, MA-MFT, NASW, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Inner Bullies	This video course discusses theoretical models and how these attempt to define inner bullies; it describes techniques therapists can use when working with clients and their inner bullies and also characteristics that people use to manage their inner bullies.	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Introduction to Cluster-Based Planning	This course provides an overview of an approach which provides more holistic and historical "pictures" of the different groups of citizens served in public mental health systems. The approach is called "Cluster-Based Planning and Outcomes Management" (C-POM™) and it was developed in Ohio, by Synthesis, Inc	2	ANCC, APA, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Introduction to Dialectical Behavior Therapy	This video presentation, as part of Center for Behavioral Health's monthly Breakfast Learning Series educational program, provides a comprehensive overview of Dialectical Behavior Therapy (DBT), including the approach and theory behind DBT and why it is so well suited for the treatment of borderline personality disorder. This course is recommended for clinicians who work with clients diagnosed with BBD, substance abuse, binge eating disorders, and/or personality disorder. **Audio/Video Required.	2	ANCC, APA, ASWB, LBP, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Law, Ethics and Confidentiality in Behavioral Health	This course presents a clear and straightforward understanding of the legal, ethical, and regulatory principles guiding the practice of psychotherapy. It is intended as a guide to assist the clinician in developing risk management strategies and also addresses the legal and ethical issues most relevant to clinical practice.	6	ANCC, APA, ASWB, BREI, CCB, CCMC, CRCC, IAODAPCA, MA-MFT, MSACCB, NAADAC, NASW, NBCC, OASAS, OCDP, PA-SW, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16
General Clinical	Legal and Ethical Issues for Mental Health Professionals	This course addresses the legal issues most relevant to clinical practice for behavioral health professionals. It is intended to provide a knowledge base about these issues with practical ideas about how to identify, consider and respond to potential legal problems. This course will help the clinician develop risk management strategies that include awareness, values-oriented analysis, consultation and documentation.	4	AHIMA, ANCC, APA, ASWB, CCB, CCMC, CRCC, IAODAPCA, MA-MFT, MSACCB, NAADAC, NBCC, OASAS, OCDP, OK-LMFT, OK-LPC, PCB, PDH, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Medical Conditions Associated with Mental Illness	This course discusses the signs and symptoms as well as the risk factors of medical conditions that are often times associated with mental illness and substance abuse: hypertension, diabetes and obesity.	1	ANCC, 10, 14, 16
General Clinical	Medication Administration	This course presents fundamental aspects such as dosage, preparation, routes of administration, side affects, adverse reactions, potential interactions and precautions. It discusses ethical and legal considerations and provides an overview of peripheral and central nervous system drugs.	3	ANCC, 10, 14, 16
General Clinical	Mental Health Policy 2008: Winners Curse?	This course provides an overview of how mental health care and the well being of people with mental disorders improved notably 1955-2001 but much still needs to be done. The forces that drove gains create new challenges and threats. Institutions aimed at creating a new stewardship for mental health represent a new frontier. Thoughts on research that needs to occur in support of these new policy challenges are shared.	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Nutrition and Exercise for Clients with MI	This course provides information on food and nutrition basics, meal planning and preparation, identification of proper movement and exercise for clients and a review of basic infection control and assuring a safe environment for you clients.	2	ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Overview of Assertive Community Treatment-- Evidence Based Practices	This course is based on content developed by The Substance Abuse and Mental Health Services Administration (SAMHSA). It is part of six Evidence-Based Practice Implementation Resource Kits by SAMHSA to encourage the use of evidence-based practices in mental health. This course reviews the key principles and service components of Assertive Community Treatment (ACT). The main goal of ACT is to help people stay out of the hospital and to develop skills for living in the community, so that their mental illness is not the driving force in their lives. Assertive community treatment offers services that are customized to the individual needs of the consumer, delivered by a team of practitioners, and available 24 hours a day. This course reviews aspects of ACT including: symptom management, housing, finances, employment, medical care, substance abuse, family life, and activities of daily life.	2	ANCC, APA, ASWB, LBP, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
General Clinical	Overview of Family Psychoeducation : Evidenced Based Practices	This course offers an overview of the evidenced based approach, Family Psychoeducation, which is a method for working with families, other caregivers and friends who are supportive of persons with mental illness. It reviews the core components of the Family Psychoeducation approach as well as the benefits and goals for consumers and their family members.	1.5	ANCC, APA, ASWB, LBP, NASW, NBCC, OK-LMFT, OK-LPC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Overview of Psychopharmacology	This course describes four major categories of medications by their generic and trade names (brand names used by pharmaceutical companies): anti-psychotics, mood stabilizers, antidepressants and anti-anxiety medications. It presents information about clinical indications, dosages and side effects. Medications that specifically affect children, the elderly, and women during the reproductive years are also discussed.	4	ANCC, APA, ASWB, BREI, CCB, CCMC, IAODAPCA, Kentucky A&D, Kentucky MFT, MA-MFT, MCBAP, NAADAC, NASW, NBCC, PA-SW, PDH, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Overview of Severe Persistent Mental Illness	This course is intended to be an introduction to severe and persistent mental illness. It discusses the group of psychiatric disorders that are considered major mental disorders otherwise referred to as severe and persistent mental illness. The course addresses the symptoms, as well as the myths associated with severe mental illness and the use of medications in the treatment of severe persistent mental illness. The course also describes the difference between treatment and rehabilitation as it relates to severe mental illness using the model of the Recovery Pyramid. This is an excellent course for administrative staff and Board Members.	1.5	ANCC, NASW, 10, 14, 16
General Clinical	Overview of Suicide Prevention	This course is designed for professionals in the prevention, addictions, mental health, and related fields. The nature of the topic of suicide prevention also makes this course relevant to community members, including the gatekeepers identified in this course (healthcare workers, school personnel, protective service workers, law enforcement, members of faith communities, program planners, volunteers, and juvenile justice personnel) and any community members who have been touched by suicide. The content is adapted from the National Strategy for Suicide Prevention which is published on the Substance Abuse and Mental Health Services Administration website (SAMHSA).	3.5	ANCC, APA, ASWB, NASW, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Pain	This course presents an overview of acute and chronic pain; it discusses the important aspects in assessment of pain and both pharmacological and non-pharmacological treatment options.	1.5	ANCC, ASWB, 10, 14, 16
General Clinical	Path to Recovery	This video course presented by Lori Ashcraft and Gene Johnson defines pathways to recovery and describes the elements included in the values of hope, choice, empowerment and spirituality. **Audio/Video Required	2	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	People with Serious Mental Illness	This course provides a basic overview of serious mental illness in adults and children, including signs and symptoms and treatment interventions. It is intended as an introduction for direct service staff new to the field.	3	ANCC, 10, 14, 16
General Clinical	Person Centered Planning	This course is about how teamwork and getting to know the people we deal with enhances how we treat and react to people that affect our lives. It discusses how to work as a team member in a person-centered planning process and how to assess the quality of services offered to individuals you support.	1	ANCC, 10, 14, 16
General Clinical	Positive Psychology	This course describes the current state of research and practice in Positive Psychology. In addition to providing an overview of how this movement has developed, the material gives concrete examples of assessment techniques, seminal research, Martin Seligman's VIA Signature Strengths typology, and clinical applications of Positive Psychology.	1	ANCC, APA, ASWB, LBP, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Psychosocial Rehabilitation and Recovery	This course discusses the history, core principles and models of psychosocial rehabilitation.	2	ANCC, ASWB, CCMC, CRCC, Kentucky A&D, Kentucky MFT, LBP, MA-MFT, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	PTSD Then and Now, There and Here	This presentation shares research on returning veterans and the numbers with PTSD. The presenter distinguishes between different types of traumatic events both domestic and foreign. Using the Iraq and Afghan wars, Dr. Ursano provides the data to substantiate the numbers of veterans who are diagnosed with PTSD. Additionally, Dr. Ursano breaks down the different symptoms of PTSD and demonstrates how PTSD may manifest itself in returning veterans differently.	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Putting Recovery Skills into Your Practice	This course discusses recovery-based skills and their applications, assessment of skills and areas of strength and areas for improvement. It identifies strategies for further skill development and how to access resources for continual improvement of recovery skills.	1.5	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
General Clinical	Recognizing EPS and Tardive Dyskinesia	This course is intended for non-medical behavioral health service providers who work with clients who are taking antipsychotic medications. The course describes medication induced movement disorders including tardive dyskinesias, extrapyramidal syndromes and neuroleptic malignant syndrome. It emphasizes the importance of awareness and early intervention in reducing the impact of these side effects.	1.5	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Recovery and Severe Persistent Mental Illness	This course provides a comprehensive discussion of recovery, including the historical context of the meaning and definition of recovery in the mental health field. The most current thinking about important elements of recovery for individuals with serious persistent mental illness. Symptomatic, functional and role recovery is detailed in the course. This course also discusses the importance of the biopsychosocial model in treatment of severe and persistent mental illness and appropriate goals for person centered rehabilitation.	3	ANCC, APA, ASWB, LBP, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Resilience and SPMI	This course reviews the concept of resiliency and how certain factors influence a person's resilience, especially individuals with a SPMI. It also describes strategies for enhancing resilience in this population.	1	ANCC, APA, ASWB, LBP, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Schizophrenia Research	This course reviews the recent research initiatives in schizophrenia research funded through the National Institute of Mental Health. It focuses on the most recently released results from the CATIE (Clinical Antipsychotic Trials of Intervention Effectiveness) study. NIMH takes the lead in neuroscientific investigation of schizophrenia, the most chronic and disabling of the severe mental disorders. This course provides a comprehensive review of CATIE and several other research initiatives into the causes, treatment and prevention of schizophrenia.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Star*D Depression Study: An Overview	This course describes a comprehensive study of the treatment of depression that was reported by the National Institute of Mental Health in 2006. It discusses the significant results of the study and their implications for the treatment of depression in clinical practice.	1.5	ANCC, APA, ASWB, LBP, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Strategies for Reducing Suicides in the Jails	This course describes the key elements for a suicide prevention program in the jail setting. It discusses the characteristics and prevalence of inmate suicide and explains the legislative mandates and standards of care related to suicide prevention in jails. **Audio/Video Required.	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
General Clinical	Stress Management for Mental Health Professionals	This course explains the sources and types of stress unique to mental health professionals and the physiological mechanisms of stress. It identifies symptoms of stress and discusses several stress management/prevention techniques that can also be used in working with clients. It provides an opportunity for clinicians to assess their own levels of stress through the Compassion Fatigue Inventory.	2	ANCC, ASWB, Kentucky A&D, Kentucky MFT, NAADAC, NBCC, PA-SW, PDH, 1, 2, 3, 4, 5, 7, 8, 9, 10, 11, 12, 14, 15, 16, 17
General Clinical	Structured Group Therapy	This course provides tailored strategies for working in group modality with people who are recovering from severe, persistent mental illness. This course discusses the difference between group therapy and psychoeducation as well as the process of group development and gives guidance on how to determine skill competency. **Audio/Video Required.	2.5	ANCC, ASWB, LBP, NAADAC, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Suicide as a Sentinel Event	This course will teach healthcare providers how to conduct a comprehensive review of a consumer death by suicide. It also outlines the elements of a root cause analysis and provides a format for a quality improvement process.	2	ANCC, APA, ASWB, NAHQ, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Suicide Prevention Gatekeeper Trainings: From Process to Outcomes	This presentation will provide information gathered by the Suicide Prevention Program cross-site evaluation of gatekeeper trainings. These gatekeeper trainings are designed to raise awareness of suicide prevention, assist in the early identification of youth at-risk for suicide, and build the skills necessary for successful intervention.	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Suicide: The Forever Decision	This course will teach healthcare providers how to use the book by Paul Quinnett, Ph.D. entitled Suicide: The Forever Decision as a bibliotherapy adjunct to the treatment of persons with suicidal behaviors. To receive full credit for this course, this best-selling book Suicide the Forever Decision must be downloaded from the QPR website for free. This course and book discusses the origin of suicide, risk factors for suicide, and helping a person contemplating suicide.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Supported Employment-- Evidence Based Practices	Over 60% of adults with mental illness desire work and can be successful at working when using supported employment. This 6 hour course provides information and strategies on how to use supported employment to help people with SPMI find and keep competitive jobs. The course discusses the core principles of supported employment and describes strategies for engaging the consumer in the process. It also provides comprehensive information on assessment, developing an employment plan, job search and support techniques.	6	ANCC, APA, ASWB, CCMC, CRCC, LBP, MA-MFT, NASW, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	The High Wire Act: Medicaid/Medicare Reform	This course describes the three major issues in the Medicaid and Medicare landscape. It discusses how, as a group, they constitute one of the most substantial threats to the community mental health system since the program began. This course provides the action steps CMHCs must take to protect one of society's most vulnerable populations. **Audio/Video Required.	1.5	ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	The Impact of Chronic Medical Disorders Among Persons with Serious Mental Illness	This course presents data from Maine on the impact of diabetes among persons with serious mental illnesses. An overview of the health-oriented mental health in Vermont is also provided. Policy and funding implications are discussed.	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Therapeutic Boundaries	This course explains the concept of a therapeutic boundary and how it differs from a social relationship. The course discusses the ethical role of the clinician and how to recognize danger signals of potential violations.	1.5	ANCC, NAADAC, Kentucky A&D, Kentucky MFT, PDH, 10, 11, 12, 13, 14, 16, 17
General Clinical	Therapeutic Communications	This course explains the dynamics of therapeutic communication, the therapeutic goal, the nature of the therapeutic relationship and how to respond to difficult client behaviors. The course discusses how mental health professionals can use interpersonal communication with their clients as an effective therapeutic technique.	2	ANCC, Kentucky A&D, Kentucky MFT, NAADAC, 10, 11, 12, 13, 14, 16, 17
General Clinical	Use of Antipsychotic Medications with Children	The presentation provides a detailed overview of antipsychotic use among children in Florida's fee for service Medicaid program from July 2002 to December, 2005, the last month before the implementation of Medicare Part D. The presentation examines antipsychotic usage trends both by class and by brand of atypical antipsychotic over the 42 month period for children 0-5, 6-12 and 13-18. In addition it examines the changing diagnostic patterns of users in the different age groups. The presentation answers the questions of who is prescribing antipsychotic medications to children in the different age groups and whether the roles of psychiatrists vs. primary care physicians have changed over time.	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	Using Data, Transforming Practice: Evaluating Mental Health Transformation in Washington State	In 2005, Washington State was one of seven states that received Mental Health Transformation State Infrastructure Grants from SAMHSA. Washington has informed development and implementation of its Transformation initiative through activities of an Evaluation Team. This course presents several core examples of ways in which the Evaluation Team has planned and conducted evaluation activities that facilitate use of data to guide Transformation activities, as well as evaluate the impact of the overall mental health transformation Initiative.	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	Why Are People with SMI Dying 25 Years Younger?	This video presentation reviews the current status of morbidity and mortality in the population with SMI. It explores contributing factors and recommended practices for agencies and clinicians, including a model for wellness and self-management.	2	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
General Clinical	WRAP One on One	This course is an overview of the Wellness Recovery Action Plan (WRAP) [®] written by Mary Ellen Copeland. WRAP was developed by a group of people who experience mental health difficulties. This course was written by mental health recovery educator, Mary Ellen Copeland. It is designed for people who are working with one person at a time to develop a WRAP plan. It is not a guide to facilitating WRAP groups. To facilitate WRAP groups, special training in a face to face setting with a qualified trainer, is needed. However, the information in this course will be useful as a review and to supplement the knowledge base of anyone who uses, teaches or has an interest in WRAP. While WRAP is a simple system, its use, structure, and the values and ethics that have developed with it are far-reaching and highly complex. Adherence to this structure and these values and ethics is essential to insuring that the person you are working with attains the most benefit from developing and using this plan. Upon completion of this course you will be able to work with individuals one at a time to guide, advise, support and encourage another person (patients, clients, peers, friends, family	3	ANCC, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	WRAP: Advance Directive/Crisis Mgt Plan	<p>This course will walk you, step by step through the process of supporting an individual who is developing a mental health advance directive or crisis plan. In this course the words crisis plan and advance directive are used interchangeably - they refer to the same document.</p> <p>This course focuses on advance directives and crisis plans for mental health issues. However, these plans can be designed to address medical issues as well. The same form can be used and each section of the plan can include responses to both issues.</p> <p>This course is complimentary to, but not a substitute for, any part of Wellness Recovery Action Plan Facilitator training as offered by the Copeland Center for Wellness and Recovery http://www.copelandcenter.com.</p>	3	ANCC, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16, 17
General Clinical	WRAP: Creating a Wellness Toolbox	<p>This 2.5 hour course is an in-depth view of creating a Wellness Toolbox which is the first step in developing a Wellness Recovery Action Plan (WRAP®) as described in writings by Mary Ellen Copeland. WRAP® is a self-directed planning process for identifying wellness and recovery resources and then using those resources to develop a personal guide to successful living.</p> <p>Note: This course is not the same as a WRAP® facilitator training and does not qualify you to be a Certified WRAP® Group Facilitator.</p>	2.5	ANCC, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
General Clinical	WRAP: Developing a Daily Maintenance Plan	<p>This course is specifically about the Daily Maintenance Plan (Section 1) of the Wellness Recovery Action Plan (WRAP®) developed by and for people who experience mental health difficulties and written by Mary Ellen Copeland.</p> <p>After creating a Wellness Toolbox, the next steps of WRAP® include the following sections:</p> <ul style="list-style-type: none"> • Section 1: Daily Maintenance Plan • Section 2: Triggers and Action Plan • Section 3: Early Warning Signs and Action Plan • Section 4: When Things are Breaking Down and Action Plan • Section 5: Crisis Planning or Advance Directive • Section 6: Post Crisis Plan <p>Note: This course is not the same as a WRAP® facilitator training and does not qualify you to be a Certified WRAP® Group Facilitator. For more information on facilitator training, go to http://www.copelandcenter.com</p>	1.5	ANCC, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16, 17
General Clinical	WRAP: Triggers and Triggers Action Plan	<p>This 2 hour course is an in-depth review of Triggers and Triggers Action Plan, the second section of the Wellness Recovery Action Plan as described in various resources developed by Mary Ellen Copeland. WRAP® is a popular and effective, self-directed process for maintaining personal wellness, and for helping yourself feel better when you are not feeling well.</p> <p>Note: This course is not the same as the WRAP® facilitator training and does not qualify you to be a Certified WRAP® Group Facilitator. If you plan to lead a WRAP® group or develop a WRAP® program, please go to http://www.copelandcenter.com.</p>	2	ANCC, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Diagnosis-- Specific Clinical Courses	ADHD: Diagnosis and Treatment	This course covers the prevalence, symptoms, diagnosis and treatment of attention deficit hyperactivity disorder (ADHD). A Parent Handout on ADHD is included in course materials.	4	ANCC, APA, ASWB, Kentucky MFT, MN-MFT, NASW, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Diagnosis-- Specific Clinical Courses	Alzheimers Disease	This course covers the prevalence, risk factors and diagnostic criteria associated with Alzheimer's disease. It provides a review of brain anatomy thought to be involved in the progression of the disease and discusses the state of current research into causes and cures. It also discusses the effects the disease has on caregivers.	4	ANCC, APA, ASWB, Kentucky MFT, MN-MFT, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Diagnosis-- Specific Clinical Courses	Anxiety Disorders: Diagnosis and Treatment	This course provides a comprehensive review of the diagnostic criteria and prevalence of the most commonly occurring anxiety disorders. The course discusses in detail the key elements in the evaluation process. Effective treatment modalities including medications are also covered, as well as trends for future research.	2	ANCC, ASWB, Kentucky A&D, Kentucky MFT, NAADAC, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Diagnosis-- Specific Clinical Courses	Autism Spectrum Disorders	This course discusses the five pervasive developmental disorders referred to as autism spectrum disorders. The course covers signs and symptoms, screening and diagnosis. It also includes a review of medications and research into causes and treatments.	2	ANCC, APA, ASWB, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Diagnosis-- Specific Clinical Courses	Bipolar Disorder	This course provides a comprehensive discussion of bipolar disorder, including symptoms, criteria for diagnosis, and theories about causation, suicide rates, and treatment options. It describes the most common medications used in treatment and effective psychosocial interventions. It also provides highly relevant information about diagnosis in children and adolescents.	4	ANCC, APA, ASWB, MN-MFT, NAADAC, NASW, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Diagnosis-- Specific Clinical Courses	Eating Disorders: Diagnosis and Treatment	Eating disorders have reached epidemic levels in the U.S. This course covers the basic DSM-IVR diagnostic criteria for eating disorders, assessment factors, and treatment goals. In particular, the characteristics, prevalence, age of onset, and mortality rates for Anorexia Nervosa, Bulimia Nervosa, and Eating Disorders NOS are described.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Diagnosis-- Specific Clinical Courses	Eating Disorders: Overview	This video course covers the basic DSM-IVR diagnostic criteria for eating disorders, assessment factors, and treatment goals. In particular, the characteristics, prevalence, age of onset, and mortality rates for Anorexia Nervosa, Bulimia Nervosa, and Eating Disorders NOS are described. **Audio/Video Required	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Diagnosis-- Specific Clinical Courses	Overview of Mood Disorders in Adults	This course discusses common mood disorders in adults, explores symptoms of and types of depression, discusses treatment modalities for mood disorders, and reviews the cognitive behavioral approach.	1	ANCC, NAADAC, NASW, PDH, 10, 11, 12, 13, 14, 16, 17
Diagnosis-- Specific Clinical Courses	Overview of Personality Disorders	This course provides an overview of personality disorders including information about engagement, assessment, crisis stabilization, long term care, and a continuum of care for clients. Special attention is given to three specific personality disorders: borderline, antisocial, and narcissistic.	4	ANCC, NAADAC, NBCC, PA-SW, 1, 2, 3, 4, 5, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Diagnosis-- Specific Clinical Courses	Panic Disorder: Diagnosis and Treatment	This course reviews the prevalence and risk factors associated with panic disorder. The course discusses the clinical presentation of panic disorder and co-occurring illnesses as well as the efficacies of treatment modalities and most commonly prescribed medications.	2	ANCC, ASWB, NAADAC, NASW, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Diagnosis-- Specific Clinical Courses	PTSD	This course discusses the prevalence and diagnostic criteria for PTSD; it discusses treatments for PTSD including psychotherapy and medication as well as PTSD in children and adolescents.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Diagnosis-- Specific Clinical Courses	Schizophrenia and Medications	This course the groups of symptoms common to schizophrenia and the symptoms within each group. It identifies the medications used to treat schizophrenia and the side effects, risks and benefits. the content is from the courses Understanding Schizophrenia and Overview of Psychopharmacology.	1.5	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Diagnosis-- Specific Clinical Courses	Schizophrenia: Best Clinical Practices	The video course, offered by the Center for Behavioral Health, is part of the monthly Breakfast Learning Series which provides education and understanding about mental health. This course discusses best clinical practices in treatment of individuals with schizophrenia. **Audio/Video Required	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Diagnosis-- Specific Clinical Courses	Understanding Borderline Personality Disorder	This course reviews the prevalence, diagnostic criteria and symptoms of Borderline Personality Disorder. It discusses key evaluation elements and effective therapeutic treatments. It also discusses the medications used to supplement treatment.	2	ANCC, ASWB, Kentucky A&D, NAADAC, NASW, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Diagnosis-- Specific Clinical Courses	Understanding Schizophrenia	This course presents the clinical characteristics of schizophrenia and its relationship to violence, substance abuse, nicotine and suicide. It discusses genetics, chemical defects of the brain and physical abnormality of the brain as possible causal factors. It provides an overview of treatment modalities and patient support systems.	3	ANCC, ASWB, Kentucky MFT, NASW, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Diagnosis-- Specific Clinical Courses	Veterans and PTSD	This course discusses how Post Traumatic Stress Disorder impacts military personnel; the prevalence, diagnostic approaches, assessments and treatment for PTSD. It also discusses the most current research in PTSD.	2	ANCC, APA, ASWB, BREI, CCB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Developmental Disability-- Clinical	Behavior Development for People with DD	This course reviews behavioral management techniques for prevention of problem behavior in people with ASD. It also identifies a developmental time-line for using these techniques and the benefits of using a developmental approach toward behavior management. **Audio/Video Required.	2	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	CBT for Adult Asperger Syndrome	Cognitive-behavior therapy (CBT) offers a wide assortment of interventions that have been empirically supported for use with other clinical problems (e.g., depression, anxiety disorders) which, incidentally, have some commonalities with this syndrome. This workshop will offer a rationale for using CBT for AS with an overview of the strategies most useful in treating the problems typically presented by these adults. **Audio/Video Required	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	CBT for People with Developmental Disabilities	This course reviews the overall components of cognitive behavioral therapy. It focuses on the appropriate use of CBT when working with individuals with developmental disabilities, including assessment of the client's cognitive functioning, effective CBT techniques and guidelines for using CBT with individuals with intellectual disability. **Audio/Video Required.	3	ANCC, APA, ASWB, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Ecobehavioral Approaches for Individuals with IDD	This video course presents a definition of ecobehavioral approaches, along with examples of skills-based teaching of parents reported for child neglect. Also, described will be behavioral protocols for home safety with a mother and child with mental health problems. Finally, presented will be a discussion of the history and broad scale applications of this model in developmental disabilities and the prevention of child maltreatment. **Audio/Video Required.	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Evaluation of Community Protection Program for Offenders with DD	This course provides a detailed history and understanding of the Washington State Community Protection Program and the sex offender treatment team concept. It describes the characteristics and behaviors of offenders, their residential supports and vocational opportunities and supports. **Audio/Video Required.	2	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Developmental Disability-- Clinical	FASD: Why Isn't this Person Responding to Treatment	Individuals with fetal alcohol spectrum disorder (FASD) are often undiagnosed or misdiagnosed. This course examines difficulties that individuals with FASD have in treatment. It focuses on possible misdiagnoses that can impact treatment, along with the necessity of recognizing how co-occurring FASD with mental illness or other developmental disability affects interventions. Reasons why typical approaches to treatment are frequently unsuccessful are discussed and interventions that can optimize outcomes for individuals and the agencies that serve them are highlighted. **Audio/Video Required.	2	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Human Sexuality for Students with Special Needs	This course will discuss the collaboration of an abuse-focused treatment therapist and a special education specialist to establish a Sexuality Group Treatment and Training Program in a high school. This program addresses the vulnerabilities and needs of the students and utilizes a multi-modal curriculum with concrete strategies for delivery, engagement and acceptance in any community educational setting. **Audio/Video Required.	2	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Least Restraints: A Journey	The course discusses how a philosophical shift is translated into daily care with respect to least restraints philosophy and policy. The role of the bio-psycho-social model in this philosophical shift and subsequent application of the treatment modalities are also discussed. **Audio/Video Required	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Neurological Develop. & Environ: Challenges & Opportunities	Brain development begins soon after conception and continues throughout fetal life, infancy, childhood, and adolescence. Multiple factors, including genetics, nutrition, social circumstances, and exposure to toxic chemicals and infectious agents, interact to influence the course of neurodevelopment with lifelong implications. This presentation will review the cascade of events involved in neurodevelopment and provide examples of environmental factors that can alter that trajectory. Challenges and examples of opportunities for intervention will be discussed. **Audio/Video Required	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Developmental Disability-- Clinical	Preventing Toxic Threats to Neurodevelopment	Learning and developmental disabilities affect at least one in six of youth. Severe mental illness has tripled since the early 1990s. Emerging science suggests that certain neurotoxicants, such as lead, mercury and pesticides, are linked to neurobiological problems from ADHD to Asperger's to schizophrenia. This session will present model programs addressing these issues and practical suggestions for preventing exposures. ** Audio/Video Required	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Program for IDD in a Forensic Mental Hospital	The New Outlook for Behavior and Mood Self-Management was created to provide treatment for people with intellectual/developmental disabilities and people with mood/emotional/behavioral dysregulation within an intermediate security forensic mental hospital. This program combines several established treatments including Dialectical Behavior Therapy and Positive Behavior Support. ** Audio/Video Required	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Psychological Assessment of ASD	This course discusses the most common diagnoses associated with the autism spectrum and identifies effective psychotherapy approaches for working with children and adolescents who have autism spectrum diagnosis. It also discusses psychiatric diagnoses that are common comorbid with high-end autism spectrum disorders. ** Audio/Video Required	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Psychopathology in Children and Adolescents with DD	Various tools to facilitate diagnosis of mental health conditions in children and adolescents with developmental disabilities, particularly those designed for primary care providers and school settings is described. Recent research in prevention of these disorders as well as amelioration of severity through early diagnosis is outlined in this course. **Audio/Video Required.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Psychopharmacology of Children with Intellectual & Developmental Disabilities	This course reviews developmental neuropsychiatry and psychopharmacological management of children with intellectual and developmental disabilities. **Audio/Video Required.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Developmental Disability-- Clinical	Psychotherapy for Persons with Developmental Disabilities	This course reviews the concepts of intellectual disabilities and mental retardation and discusses the bio-psychosocial model of assessment. It provides a comprehensive discussion of the issues related to psychotherapeutic interventions for individuals with developmental disabilities. **Audio/Video Required.	3	ANCC, APA, ASWB, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Sleep & Mental Health: Disorders Not Recognized & Not Treated	People with disabilities are often at high risk for sleep disorders that are often unrecognized and untreated. This course focuses in depth on sleep including types of sleep disorders and how they present differently in individuals with disabilities. This course also explores how to differentiate sleep disorders from the impact of mental illness on sleep patterns. **Audio/Video Required.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Supporting People at Risk of Criminal Behavior	This video course discusses the vulnerability of those with cognitive impairment to criminal behavior and the importance of assessment of criminal behavior. The multiple of habilitative needs and the essential components of safety plans for these individuals are also discussed. **Audio/Video Required	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	The Autistic Learning Disabilities Approach	This course reviews specific, evidence-based strategies for treatment of autistic symptoms. The ALD Model is discussed for identifying specific symptoms, learning deficits, and learning strengths. Additionally, the pros and cons and quality controls of specific treatment methodologies are examined. **Audio/Video Required.	2	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	The Playground, the Promise & the Perils of Psychopharmacology in DD	This course reviews some of the history of psychopharmacotherapy in the population with intellectual disability. It covers use of psychotropic medication and advances in knowledge about how some medications work, and in what contexts. **Audio/Video Required.	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Developmental Disability-- Clinical	The Power of Strength-Based Educational Strategies in DD	Students who are twice exceptional have unique constellations of learning needs. Many of these students have gifts and strengths which are overlooked when services focus on a deficit-based model. Preconceived notions of how disabilities affect cognition and the fact that many believe "bright student" are equally developed often prevent students from receiving services that focus on their strengths and interests. **Audio/Video Required.	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Developmental Disability-- Clinical	The Right Way: A Philosophical Approach to Services for Persons with DD	Right Way Training is a term used at the Northwest Ohio Developmental Center for a philosophical approach toward supporting and providing services to individuals. The word RIGT is an acronym in which each letter provides the basic foundation for truth. **Audio/Video Required.	2	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Treatment of Behavioral Health Problems for Individuals with ASD	This course provides an overview of the differential diagnosis of Autism Spectrum Disorders, some of the recent scientific literature regarding prevalence, suspected etiologic factors, neurocognitive features and neurological abnormalities found in ASD. Several questions will be addressed including the following. What are the most common psychiatric comorbidities in people with an ASD? Do people with ASDs display atypical features of psychiatric disorders? How can psychotic symptoms be differentiated from the unusual thought processes that form a significant part of the core of this disorder? ** Audio/Video Required	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Developmental Disability-- Clinical	Ways to Support Individuals with Autism	This video course reviews the fundamentals of ASD including its affect on the central nervous system and how to support individuals with ASD with learning, interacting, communicating and coping. **Audio/Video Required.	2	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Developmental Disability-- Clinical	What Exactly is OCD for People with IDD	Obsessive compulsive disorder is a heterogeneous syndrome. Although classified as an anxiety disorder, there is considerable confusion regarding its relationship to impulse control, Tourette's disorder, autistic spectrum disorders, and other brain disorders. This presentation will explore the dimensions and review treatment options for subcategories. **Audio/Video Required	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Direct Support Providers/DD Clients	Crisis Mgt for Individuals with DD	This course describes the phases of crisis and methods of assisting individuals with developmental disabilities in resolving crisis situations. It also discusses the importance and the elements of a crisis intervention plan for individuals at high risk for crisis.	2	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Cultural Competency for the DSP	This course discusses the concept of cultural diversity and the effects of prejudice and stereotyping and provides an overview of the direct support professional's role in responding to cultural diversity in clients and co-workers.	1	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Dental and Oral Health for Individuals with DD	This course discusses types of oral and dental health problems and the difficulties encountered by individuals with DD who have these health needs. It identifies the types of obstacles: informational, physical and behavioral that may interfere with an individual with DD ability to obtain help and provides practical guidance on how to overcome these barriers.	2	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Documentation Guidelines for the DSP	This course provides an overview of documentation that may be required of the Direct Support Professional who provides assistance to individuals with developmental disabilities. It discusses the types and important elements of effective documentation. The course also covers the importance of confidentiality related to documentation.	1.5	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	DSP Communication Skills & Conflict Management Skills	This course focuses on various forms of communication, communication skills, and how to use communication effectively in solving problems and conflicts.	3	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Employment Support for Individuals with DD	This course discusses the elements involved in helping an individual with developmental disabilities obtain and maintain employment. It provides specific information on how the direct support professional can help in the job search and use community resources.	2	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Environmental Safety for Individuals with DD	The course provides relevant information to the Direct Support Professional to help provide a safe environment for individuals with developmental disabilities. It discusses safety in the home and in the community and how to assess and respond to environmental safety problems.	3	ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Direct Support Providers/DD Clients	Making Choices: Supporting Individuals with DD	This course discusses the importance of choice in day to day situations for individuals with developmental disabilities. It explains person-centered strategies and effective techniques for helping individuals make and communicate their choices.	2	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Medication Management for Individuals with DD Part 1	This course explains the basics about medication management when assisting individuals with developmental disabilities. It discusses how to identify key information on a prescription medication label, identify resources for information about medications that individuals are taking, and document the self-administration of medication. It also reviews the 5 Rights of medication administration.	3	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Medication Management for Individuals with DD Part 2	This course presents information on the correct handling, ordering and storing of medications, how to record and report medication errors, recording and problem-solving when an individual refuses a dose of medication, and about PRN medications. It also discusses details regarding observing, reporting, and recording medication side effects and drug interactions.	2	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Mental Retardation	This course explores several aspects of mental retardation including the common causes, schooling options, suggestions for parents and teachers, and resources available for families.	3	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Nutrition & Exercise for Clients with DD	This course, intended for direct support professionals, covers the important aspects of meal planning and food preparation and the development of effective exercise programs for clients with developmental disabilities.	2	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Person Centered Planning for Individuals with DD	This 3 credit hour course provides strategies help people with disabilities develop relationships, be part of community life, increase their control over their lives, acquire increasingly positive roles in community life and develop competencies to help them accomplish these goals. It covers the role of the Direct Support Professional in the person centered planning process and how one can assess his/her effectiveness in this role.	3	ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Direct Support Providers/DD Clients	Principles of Positive Behavior Support	This course summarizes current knowledge in the field so that more families/caregivers and providers can know that there are alternatives to punishment, and what those alternatives are.	3.5	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Recreation for the Developmentally Disabled Client	This course covers the importance of leisure and recreation for individuals with developmental disabilities.	1.5	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Responding to the Health Needs of Clients with Developmental Disabilities	This course is about responding to the health needs of the individual. This involves (1) determining health needs; (2) planning ways to meet such needs; (3) carrying out those plans; (4) evaluating the results; and (5) making adjustments in services and supports that result in the best possible health of the individual.	3	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Risk Management in Daily Living for Individuals with DD	This course discusses the principles of risk management and the specific types and levels of risks associated with daily living for individuals with developmental disabilities. It provides tools for risk assessment and planning and reporting risk related incidents.	2	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Signs and Symptoms of Illness and Injury- DD	This course describes how to identify and respond to illness and injury in individuals with developmental disabilities. It discusses specific disorders and problems such as seizures, heat exposure, skin breakdown and choking. Appropriate feedback and interactions with medical personnel are also covered in this course.	3	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Strategies for Teaching Individuals with Developmental Disabilities	This course is intended for Direct Support Professionals who provide services for individuals with developmental disabilities. It discusses the opportunities and strategies for teaching relevant, functional skills to individuals with developmental disabilities.	3	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	Strategies for Teaching Individuals with Developmental Disabilities Part 2	This course is the second in a series about teaching functional skills to people with developmental disabilities. It provides clear, specific ideas and strategies for teaching and is intended for Direct Support Professionals who provide services for individuals with developmental disabilities.	3	ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Direct Support Providers/DD Clients	Supporting Quality of Life	This course discusses ways to support quality of life throughout each stage of an individual's life. You will learn about the different life stages and ways that the Direct Support Professional can support individuals as they transition from one life stage to another.	2	ANCC, 10, 14, 16
Direct Support Providers/DD Clients	The Role of the Direct Support Professional	This course serves as an introduction to the DSP role in improving the quality of life for individuals with developmental disabilities. It provides information on types and characteristics of developmental disabilities and discusses attitudes and beliefs that may impact the work of the DSP. It focuses on best practices and professionalism in the day to day interactions with clients.	2	ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Addiction	Addiction: A Biopsychosocial Model	This course presents an overview of mind-altering drugs and the concept of instant gratification as they relate to abuse and addiction. It describes biological, psychological and social types of risk factors and how they relate to the cycle of addiction and discusses the progressive symptoms and stages of abuse and addiction.	3	ANCC, APA, ASWB, BREI, IAODAPCA, Kentucky A&D, Kentucky MFT, MSACCB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Addiction	Alcohol and the Family	This course provides an overview of research concerning the family context of alcohol use disorders. It discusses family systems perspective of alcohol use disorders and factors that increase or reduce risk of developing an alcohol use disorder.	2.5	ANCC, APA, ASWB, BREI, IAODAPCA, MSACCB, NAADAC, NBCC, OK-LMFT, OK-LPC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Addiction	ASAM Patient Placement Criteria	This 2 hour course covers three main areas: The history leading to the development of the placement criteria, the theoretical foundations, the assessment dimensional criteria and levels of care training.	2	ANCC, APA, ASWB, BREI, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Addiction	Confidentiality of Substance Abuse Treatment	This training will educate the learner about the Federal Government regulations known as 42 CFR part 2 and HIPAA; these regulations have been put into place to protect the substance abuse patient and the information that identifies them as substance abuse patients.	2	ANCC, ASWB, BREI, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 14, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Addiction	Co-Occurring Disorders	This course provides up-to-date information on co-occurring substance abuse and mental disorders. It discusses the prevalence, risk factors, and treatment approaches for co-occurring disorders.	3	ANCC, ASWB, CCB, CCMC, IAODAPCA, MA-MFT, MCBAP, MSACCB, NAADAC, NASW, NBCC, OASAS, OCDP, PA-SW, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Addiction	Diagnosing Substance Abuse in Older Adults	This course defines levels of alcohol use and discusses risk and protective factors. It also describes signs, symptoms and criteria for diagnosing alcohol and other substance abuse problems. The course also discusses substance abuse screening and provides examples of screening tools available for use by clinicians. Additionally, co-occurring disorders and differential diagnosis are covered in this course.	4	ANCC, APA, ASWB, BREI, CCB, CCMC, IAODAPCA, Kentucky A&D, Kentucky MFT, MA-MFT, MCBAP, MSACCB, NAADAC, NADC, NASW, NBCC, OASAS, OCDP, PA-SW, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Addiction	Dual Diagnosis	This course discusses the most common mental health disorders associated with substance abuse. It reviews evaluation and diagnostic criteria. The course provides a comprehensive review of the effectiveness of integrated, collaborative treatment modalities, the neurobiological basis for mental illness and addiction and the role of therapy and medication in treatment.	3	ANCC, ASWB, CCB, IAODAPCA, MCBAP, Kentucky A&D, Kentucky MFT, MN-MFT, MSACCB, NAADAC, NBCC, OASAS, OCDP, PA-SW, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Addiction	Environmental Strategies for SA Prevention	This course is designed to introduce behavioral health professionals to the prevention strategies that focus on altering and improving the environment by changing social norms or attitudes, controlling the availability of illicit drugs or alcohol or creating or strengthening enforcement of laws and regulations.	4	ANCC, APA, ASWB, IAODAPCA, MCBAP, MSACCB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Addiction	Improving Substance Abuse Treatment Compliance	This course is designed to help clinicians and treating agencies better understand and address the problem of poor compliance among clients who have substance abuse disorders, including those with dual disorders. It discusses types of compliance problems and their effects on the client, family and professional caregiver or treatment system. The course provides strategies and techniques for improving treatment compliance.	3	ANCC, APA, ASWB, BREI, CCB, CCMC, CRCC, IAODAPCA, Kentucky A&D, Kentucky MFT, MA-MFT, MSACCB, NAADAC, NBCC, OASAS, OCDP, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Addiction	Integrated Treatment for Co-Occurring Disorders Part 1-EBP	This course is based on content developed by The Substance Abuse and Mental Health Services Administration (SAMHSA). It is part of six Evidence-Based Practice Implementation Resource Kits by SAMHSA to encourage the use of evidence-based practices in mental health. Specifically, Integrated Treatment for Co-Occurring Disorders Part 1 is for people who have co-occurring disorders, mental illness and a substance abuse addiction. This course reviews a treatment approach which helps people recover by offering both mental health and substance abuse services at the same time and in one setting. In Part 1, the stages of treatment are discussed along with how to develop a treatment plan with clients.	3	ANCC, APA, ASWB, BREI, CCB, CCMC, CRCC, LBP, MA-MFT, MN-MFT, NAADAC, NBCC, OASAS, OCDP, OK-LMFT, OK-LPC, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 16, 17
Addiction	Integrated Treatment for Co-Occurring Disorders Part 2-EBP	This course is based on content developed by The Substance Abuse and Mental Health Services Administration (SAMHSA). It is part of six Evidence-Based Practice Implementation Resource Kits by SAMHSA to encourage the use of evidence-based practices in mental health. Specifically, Integrated Treatment for Co-Occurring Disorders Part 2 is for people who have co-occurring disorders, mental illness and a substance abuse addiction. This course reviews a treatment approach which helps people recover by offering both mental health and substance abuse services at the same time and in one setting. In Part 2, how to use substance abuse counseling techniques with clients and how to implement effective relapse prevention strategies are discussed in depth.	2	ANCC, APA, ASWB, BREI, CCB, CCMC, CRCC, LBP, MA-MFT, MN-MFT, NAADAC, NBCC, OASAS, OCDP, OK-LMFT, OK-LPC, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 16, 17
Addiction	Integrated Tx for Persons with Dual Diagnosis	This video course, one of the monthly Breakfast Learning Series presentations offered by CBH, presents a detailed review of treating clients with a Dual Diagnosis using specific principles and a Four-Quadrant treatment model. The course also reviews several mental disorders associated with Dual Diagnosis. **Audio/Video Required.	2	ANCC, APA, ASWB, MSACCB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Addiction	Methamphetamine: Effects, Trends, and Treatment	The course provides a comprehensive overview of the drug methamphetamine including how the drug is created, the short and long term effects of meth abuse, recent law enforcement trends for manufacturing and trafficking, and the physical and psychological nature of methamphetamine dependence. It also describes treatment options and outcomes including the Matrix Model Intensive Outpatient Program. **Audio/Video Required.	1.5	ANCC, APA, ASWB, IAODAPCA, MSACCB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Addiction	Motivational Interviewing	This course reviews the philosophy, principles and practice of motivational interviewing for clinicians. It discusses specific strategies for behavior change and dealing with client resistance.	4	ANCC, ASWB, BREI, CCB, CCMC, IAODAPCA, Kentucky A&D, MA-MFT, MCBAP, MSACCB, NAADAC, NADC, NASW, NBCC, OASAS, OCDP, OK-LMFT, OK-LPC, PA-SW, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 16, 17
Addiction	Recognizing Substance Abuse in Older Adults	This course discusses the importance of recognizing substance abuse problems in older adults. It describes problems involving alcohol and prescription drug use among older persons. It also discusses the social/cultural issues involved in under- and misdiagnosis of this growing problem. Common signs and symptoms of substance abuse problems in the elderly are reviewed.	4	ANCC, IAODAPCA, BREI, CCB, Kentucky A&D, Kentucky MFT, MA-MFT, MSACCB, NAADAC, NADC, NBCC, OASAS, PCB, 1, 2, 3, 4, 5, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Addiction	Relapse Prevention Services	This course examines the issue of relapse in the treatment of substance abuse and discusses approaches to helping clients identify high-risk areas in the recovery process. It explains the clinical issues related to relapse prevention in the treatment of chemical dependency and discusses the major approaches currently in practice.	3	ANCC, APA, ASWB, BREI, IAODAPCA, Kentucky A&D, Kentucky MFT, MSACCB, NAADAC, NBCC, PDH, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Addiction	Substance Abuse and Violence Against Women	This course provides a comprehensive review of the nature and prevalence of substance abuse problems and its association with violence against women. The course discusses social, family and cultural aspects associated with domestic violence. It also provides a comprehensive review of services available to women and men who are in this cycle of violence. A detailed discussion about legal options for women is also contained in this course.	3.5	ANCC, APA, ASWB, IAODAPCA, BREI, CCB, MCBAP, Kentucky A&D, Kentucky MFT, MSACCB, NAADAC, NBCC, PA-SW, NADC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Addiction	The Twelve Steps	This one hour course provides an overview of the each of the twelve steps to counselors working in the addiction field. It assists professionals in developing a greater understanding of the twelve step programs and promotes empathy and understanding for participation in support groups.	1	ANCC, ASWB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Addiction	Treating Substance Abuse in Older Adults	This course explains the role of the clinician in developing treatment goals and assessing treatment effectiveness. It discusses barriers to recognizing and treating alcohol and drug problems and ways to treat such problems. It includes guidelines for treating older adults, terminating treatment and staffing treatment programs. The course also addresses special issues such as prescription drug misuse and abuse and heavy drinking.	4	ANCC, APA, ASWB, BREI, CCB, IAODAPCA, Kentucky A&D, Kentucky MFT, MA-MFT, MSACCB, NAADAC, NADC, NBCC, OASAS, OCDP, PA-SW, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Addiction	Understanding the Addictive Process	This course demonstrates the development and defines the concept of addiction. It examines addiction as a process and the three stages of addiction. It discusses the impact of addiction of the individual, family and society.	3	ANCC, ASWB, BREI, IAODAPCA, Kentucky A&D, MSACCB, NAADAC, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Addiction	Understanding the Effects of Substance Abuse-EBP	This course is based on content developed by The Substance Abuse and Mental Health Services Administration (SAMHSA). It is part of six Evidence-Based Practice Implementation Resource Kits by SAMHSA to encourage the use of evidence-based practices in mental health. Specifically, this course focuses on understanding the short term and long term effects of substance abuse including alcohol, cannabis, and stimulants.	2.5	ANCC, APA, ASWB, CCB, LBP, NAADAC, NBCC, OASAS, PCB, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Child and Adolescent	Adolescent Suicide	As clinicians, one of our responsibilities is to help maintain the safety and well being of our clients. When one of our clients tells us through words or behavior that she/he is thinking about or planning to harm her/himself, it is important that we take these threats seriously. In 2004, suicide was the third leading cause of death in each of the following age groups. This course identifies warning signs, high risk youth, suicide assessment and resources for acquiring assistance.	2.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Child and Adolescent	Attachment Disorders and Treatment Approaches	This presentation given by the Center for Behavioral Health's as part of their ongoing Breakfast Learning Series addresses the concept of attachment theory and treatment of attachment disorders. Assessment parameters, treatment goals, ethical issues, and related disorders are also covered in this video course. **Audio/Video Required	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Child and Adolescent	Attachment Disorders: Theoretical and Treatment Issues	This three hour course discusses the theoretical treatment issues surrounding attachment disorders including factors contributing to the development of attachment disorders and intervention strategies for working with clients with attachment disorders.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Child and Adolescent	Best Practices: Behavior Support and Intervention	This course discusses practical suggestions to reduce the use of seclusion and restraint. It reviews the facts and myths associated with the use of seclusion and restraint, discusses the danger of physical injury and death associated with the use, and demonstrates successful strategies employed by various agencies.	2	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Child and Adolescent	Bipolar Disorder in Children and Adolescents	This course discusses the signs and symptoms of Bipolar Disorder in children and adolescents, reviews the latest pharmacological and psychotherapeutic treatment for this population.	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Child and Adolescent	Calming Children in Crisis	This course discusses how to help children cope more effectively with anger and aggression. It teaches children how to build and use a safety plan and to develop skills to be able to talk things through when they are angry.	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Child and Adolescent	Depressive Disorders in Children and Adolescents	This course discusses the prevalence of depressive disorders in children and adolescents, suicide risk factors, causes of the disorders, clinical characteristic and best treatment approaches.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Child and Adolescent	Developmental Stages: Infancy through Adolescence	This course reviews the stages of physical, psycho-social and cognitive development of children and adolescence and age appropriate expectations and interventions.	2	ANCC, 10, 14, 16
Child and Adolescent	Early Childhood Mental Health Consultation	This 3 credit hour course explains the benefits and features of early mental health consultation programs in systems of care that serve young children and their families. It describes the goals of early childhood mental health consultation and types of interventions used to achieve these goals. It emphasizes the importance of the collaborative approach, problem solving and goal setting and understanding of issues of diversity and social economic factors in the consultative work.	3	ANCC, APA, ASWB, NASW, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Child and Adolescent	Externalizing Disorders: Disruptive Youth	This course reviews the main features and symptoms of externalizing disorders including conduct disorder, ADHD, Intermittent Explosive Disorder, and Oppositional Defiant Disorder. 10 interventions and strategies for implementing these interventions with clients are also discussed.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Child and Adolescent	Implementing a Cross-Agency Behavioral Assessment for Children	Presenters share how the use of data can improve direct care, and example of the use of the assessment data to determine program eligibility and to monitor progress is given. Applied research related to the Community Alternative to Psychiatric Residential Treatment Facilities Medicaid Demonstration grant uses CANS outcomes to help determine the cost effectiveness of intensive community based services.	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Child and Adolescent	Internalizing Disorders	This course explains the symptoms associated with internalizing disorders and the diagnoses associated with internalizing disorders along with strategies for the syndrome.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Child and Adolescent	Lessons for Implementing EBP for Children	This video course examines recent research findings on implementing evidence-based practices for children's mental health. It also offers strategies for improving the implementation of these practices for children and families.	2	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Child and Adolescent	Social Skills Training with Children and Adolescents with ASD	This course describes what social interaction skills are, clarifies steps of building social relationships and discusses strategies that can be useful in social skills programming. It also identifies ways that schools, parents and other agencies can work together to promote success.	1.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Child and Adolescent	Strategies for Supervisors: Reducing Restraint and Seclusion	This course is for supervisors who want to learn how to effectively implement strategies for reducing restraint and seclusion at their organization. The content of this course is based on the CWLA publication called Reducing the Use of Restraint and Seclusion, by Lloyd Bullard, Darren Fulmore, and Katherine Johnson.	2.5	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Child and Adolescent	Strength Based Perspectives for Foster Parents	In this training, topics to be covered will include some assumptions about the Strength Based Perspective including the definition, principles, and beliefs about working with foster children and birth families from the strengths perspective. We will also take some time to learn how to apply these ideas when we have foster children in our homes.	1.5	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Child and Adolescent	The ABC's of Bullying	This course examines the causes, effects, prevention techniques, screening treatment options and legal/ethical issues regarding bullying.	4	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Child and Adolescent	Trauma Informed Treatment for Children with Challenging Behaviors	This course is about how to help children who have been severely traumatized to more effectively regulate their emotions and better manage their challenging behaviors.	3	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Child and Adolescent	Working with Youth: A Strength-Based Perspective	This course describes the strength-based approach for working with troubled children and teenagers. It covers the key concepts of the strengths-based approach and how to use strength-based messages and self-esteem building activities when working with youth. The course also explains how to utilize solution-focused therapy when treating youth in order to help them make more effective decisions. The course focuses on the power of positive treatment and describes a strength-building model for helping people that is hope-inspiring. **Audio/Video Required.	2.5	ANCC, APA, ASWB, NAADAC, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Older Adults	Elder Abuse	This course discusses the nature, scope and severity of elder abuse along with the prevalence and risk factors for elder abuse. It provides information regarding the consequences of abuse and neglect for the older adult, the abuser and society. It identifies a number of appropriate interventions for elder abuse.	4	ANCC, APA, ASWB, IAODAPCA, NAADAC, NBCC, PA-SW, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17
Older Adults	Older Adults and Mental Health	This six-hour course reviews mental disorders in older adults including assessment, diagnosis, prevention, and treatment. Special attention is devoted to depression in the aging population, as well as anxiety disorders, schizophrenia, and substance abuse. Additionally, the course describes services available for older adults including community-based care and social supports.	6	ANCC, APA, ASWB, NBCC, PA-SW, PDH, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Older Adults	Older Adults with Psychiatric Illness	This course presents special considerations for working with older adult clients. Specific discussions relate to illness management and treatment adaptations.	1	ANCC, 10, 14, 16
Older Adults	Overview of Mental Health Issues in Older Adults	This course describes the normal life cycle tasks and the cognitive capacity, changes, human potential and the creativity involved in aging. Symptoms related to depression as well as use of alcohol, chemical dependence and use or misuse of medication is discussed.	3	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Older Adults	Understanding Elder Abuse	This course discusses the nature, scope and severity of elder abuse along with the prevalence and risk factors for elder abuse. It provides information regarding the consequences of abuse and neglect for the older adult, the abuser and society. It identifies a number of appropriate interventions for elder abuse.	3	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Management	Board Members: Roles and Responsibilities	This 1.5 hour course provides an overview of the roles and responsibilities of Board Members in non-profit organizations including understanding the principles of agency operations and suggestions for effective governance. The course also provides sample job descriptions for Board Members and a comprehensive list of commonly asked questions that Board Members may have.	1.5	None
Management	Collaboration in Course Development	This workshop was presented at the Essential Learning User Conference on March 29, 2007 in Las Vegas, Nevada. The presenters of this workshop were Kathy Greene, from Ocean Mental Health Organization in New Jersey, and Michelle Reeder, Director of Instructional Technology at Essential Learning.	1	None
Management	Conflict Management	This course identifies various sources of conflict and presents effective strategies for actively handling conflict. It discusses intervention techniques for helping others to deal with conflict, including children and the chronically mentally ill.	2	ANCC, ASWB, Kentucky MFT, NBCC, PA-SW, PDH, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Management	Court Preparation and Testimony for Non-Attorneys	This course describe three types of cases that healthcare professionals may be asked to testify on in court and discusses reasons why healthcare professionals are resistant to giving court room testimony. It also assists in defining the steps to take prior to going to court to testify.	1	None-Information Only
Management	Creative Uses of E-Learning	In this session, Tricia Izadi shares some of the alternative ways you can use Essential Learning to make your life a little easier. **Audio/Video Required	1	None
Management	EEOC & ADA: What Supervisors Need to Know	This course discusses the types of employment discrimination including Title VII of the Civil Rights Act, Equal Pay discrimination, Age discrimination and the provisions of the Americans with Disabilities Act (ADA).	1.5	None

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Management	Effective Teams	This course discusses the need in today's health care environment to maximize clinician interdependent relationships in order to provide the best care to clients. It describes what constitutes an effective team and the basic principles of team dynamics to assist clinicians in restoring a patient/client to his optimal level of functioning. An extensive bibliography is presented for additional reference.	2	AHIMA, ANCC, Kentucky MFT, 10, 14, 16
Management	Effects of a Tobacco Ban Condition	This video course explains the pros and cons of implementing a smoking ban in a hospital setting; summarizes the healthcare and staffing outcomes related to implementing a smoking ban and recent research and policy related to smoking bans. **Audio/Video Required	1	ANCC, 10, 14, 16
Management	E-Learning: A Solution to Our Training Needs	In this session we'll identify and discuss the steps that should take place throughout your facility when e-learning initiatives are implemented. You'll learn how to obtain the organization-wide support needed to achieve your program goals. We'll also describe how to implement a successful program and orient new staff. In this session, Tina Thomas and Lou Van Hollen will share options for creating and tracking content to comply with your state's mandatory training requirements. **Audio/Video Required	1	None
Management	Five Steps to Meaningful E-Learning	Essential learning is dedicated to helping your organization meet its training needs in the area of behavioral health, child welfare, and human services. As the content expert, your understanding of e-learning is important in order to create the most meaningful and engaging on-line training programs for your organization. During this presentation we will discuss critical instructional methods used in e-learning and a simple 5-step process for writing and organizing content that will improve learning outcomes and employee performance at your organization. **Audio/Video Required	1	None

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Management	FLSA: What Supervisors Needs to Know	This course is a basic overview of the Fair Labor Standards Act (FLSA) which prescribes standards for the basic minimum wage and overtime pay. The FLSA affects most private and public employment and requires employers to pay covered employees who are not otherwise exempt at least the federal minimum wage and overtime pay. This course reviews the guidelines on exempt versus non-exempt status, compensable time, and recordkeeping requirements.	1.5	None
Management	FMLA--What Supervisors Need to Know	This course provides an overview for supervisors of the Federal Family Medical Leave Act (FMLA) and how it must be implemented and effects organizations. It includes information on qualifying events and how requests should be handled within the organization.	1	PDH
Management	Hiring and Developing Your Staff	This course discusses the general principles for effectively managing the staff recruitment and development function. The course provides a comprehensive description of the recruiting, screening and selection process and the elements of and effective staff training and development program.	3	AHIMA, ANCC, 10, 14, 16
Management	Implementing an Electronic Medical Record	This video course summarizes an approach to implementing an electronic medical records system, assesses the organizational supports necessary to migrate from paper to electronic medical record-keeping and explains the potential pitfalls of electronic medical record keeping. this video course is presented by Teresa Tyndall, LCSW and Carolyn German, RN. **Audio/Video Required	1	ANCC, 10, 14, 16
Management	Managing Employee Performance	This course discusses the most effective approach to managing employee performance from goal setting to employee performance appraisals. It reviews the principles of employee motivation and the role of the supervisor and provides practical advice on providing feedback to employees and conducting performance evaluations.	2	AHIMA, ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Management	Managing Teams	This course discusses the value, nature and focus of teams. It explores the stages of the team lifecycle and provides comprehensive information on the effective use of teams for problem solving and goal setting in achieving positive results in a behavioral health organization. It is recommended for entry level and middle management supervisors.	3	ANCC, NAHQ, 10, 14, 16
Management	Project Management Basics	This course provides an overview of project management for first line supervisors and middle management. It discusses the phases of a project and effective techniques for defining, managing and evaluating an organizational project plan.	2	ANCC, PDH, 10, 14, 16
Management	Supervision 101	This course discusses the differences between management and leadership, including the goals of each and the role of the supervisor. It describes the core skills and techniques of effective supervision including problem solving, decision making, planning and delegation.	4	ANCC, 10, 14, 16
Management	The E-Learning Culture: Motivation-Empowerment-Competency	Developing an organizational culture that supports eLearning is both a challenge and an opportunity. Helping staff adapt to changes brought on by new technologies is always a challenge. However, the opportunities for effective and efficient workforce development facilitated by eLearning are worth the challenge! This presentation will discuss adult learning styles, the diversity of experience of adult learners and the importance of motivation as a tool in eLearning- including strategies to encourage eLearning motivation as part of workplace design. The risk/benefit of self-directed staff development will be discussed, as well as trends in eLearning from training...to competency...to management evaluation. Our goal is to help you identify opportunities and strategies for improving organizational outcomes! **Audio/Video Required	1	None
Management	Utility of Data: Promising Yet Problematic	This video course discusses how to use data to lead initiatives, to evaluate approaches to using data and reviews current research in evidence based practices. This course is presented by Joseph Parks, MD. **Audio/Video Required	1	ANCC, APA, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Management	Writing Effective E-Learning Content	This course is designed for subject matter experts and teachers who would like to convert their classroom and workshop based course materials into an e-learning format. The course reviews the theory and practice of writing course content in a manner appropriate for computer based online learning. It discusses the instructional methods and media elements most effective in assisting learners in meeting the learning objectives of the course content.	1	None

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Information and Referral Training	AIRS: Introduction to I & R	This course is meant as a guide for new staff of an information and referral (I&R) service. As part of the I&R orientation process, this course covers the nature, purpose, structure and unique qualities of I&R services - including an introduction to the AIRS Standards	2	None
Information and Referral Training	AIRS: The Information and Referral Process	Although they sometimes have different titles in different organizations, within I&R agencies, there are I&R Specialists who work directly with customers (who can be both members of the public and professionals at other agencies), and Resource Specialists who provide and maintain the information needed by the I&R Specialists and other community partners. This course is primarily for I&R Specialists. It discusses the skills and techniques used in the information and referral process including rapport building, assessment and effective closure.	3	ANCC, NBCC, 10, 14, 16
Information and Referral Training	AIRS: An Overview for Resource Specialists	This course is for new staff at Information & Referral organizations that will be responsible for the maintenance of resource databases. The course provides an overview of the activities of a Resource Specialist and an insight into some of the challenges of their position. Although they sometimes have different titles in different agencies, within I&R organizations, there are two main categories of staff:	2	None
Information and Referral Training	AIRS: Confidentiality	This course discusses the meaning of confidentiality within the I&R setting; it describes the practical and ethical reasons to maintain client confidentiality, the requirements for obtaining permission before disclosing person information about an inquirer to another organization and identifies occasions when confidentiality takes second place to statutory requirements to report abuse and in order to prevent someone from seriously harming themselves or others.	1	None-Information Only

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Information and Referral Training	AIRS: Database Maintenance	<p>This course describes the database maintenance process and related requirements of the AIRS standards and identifies ways of handling agencies that are not responsive to requests for information. Activities that help I&R service keep abreast of changes in the various sectors of health and human services and the importance of database security are also discussed.</p> <p>This course is primarily for I&R managers and front-line I&R Specialists.</p>	2	None-Information Only
Information and Referral Training	AIRS: Disaster Preparation and Staff/Volunteer Management	This course is for managers and front-line staff at Information & Referral organizations that are responsible for emergency/disaster preparedness and need to effectively handle existing staff and incoming volunteers at every level, in the wake of a local, regional or national disaster.	2	ANCC, 10, 14, 16
Information and Referral Training	AIRS: Inclusions and Exclusions	<p>This course is primarily for Resource Specialists who create, maintain and manage human services resource databases in accordance with the AIRS Standards for Professional Information and Referral. It also provides important background information for I&R managers and for everyone within the I&R field who needs a better understanding and appreciation of the composition of resource databases.</p> <p>The course covers the challenges of deciding what human services organizations and programs should be included in a resource database and which should be excluded ... within the practical reality of balancing the community needs of the database with the means available to effectively maintain it.</p>	1	None
Information and Referral Training	AIRS: Introduction to Taxonomy and Indexing	This course is intended for both Resource Specialists and I & R Specialists. It provides a comprehensive description of the resource databases used for information and referral services. It discusses the structure and principles of the AIRS/211 LA County Taxonomy and how to use it to make indexing decisions.	3	None

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Information and Referral Training	AIRS: Serving People with Mental Health Issues	This course is for staff at Information & Referral organizations that are responsible for handling I&R inquiries and need the ability to handle a wide range of clients and issues - including those involving mental health concerns. This module does not address crisis calls or crisis intervention.	2	ANCC, 10, 14, 16
Information and Referral Training	AIRS: Serving Young People	This course is for I&R Specialists who are responsible for answering I&R inquiries and need the ability to handle a diverse range of service delivery -- including calls from and concerning young people, the challenges they face and the services designed to help them. This course is designed for comprehensive I&R practitioners and not for specialized youth workers. Also, differences in legal frameworks may make this inappropriate for Canadian I&R Specialists.	1.5	ANCC, 10, 14, 16
Information and Referral Training	AIRS: Working with Challenging Clients	This course is primarily for I&R Specialists who must be able to communicate, in a non-judgmental fashion, with all types of people in all types of situations. And not all of these people are going to be easy to work with. As stated in the AIRS Standards, "the I&R specialist shall have the skills to meet the needs of people who are angry and hostile, are manipulative, call frequently with the same problem or are otherwise difficult to serve". (AIRS Standard 2, Criterion 7)	1	ANCC, 10, 14, 16
Information and Referral Training	Customer Relations (Human Services)	This course presents general principles for fostering good customer relations, especially when using the telephone.	1	ANCC, 10, 14, 16

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Courses for MHCA Organizations	Affirmative Business - MHCA	This video course discusses the mission and vision of affirmative business, summarizes approaches to affirmative business practices and the benefits of affirmative business.	1	None-Information Only
Courses for MHCA Organizations	Best Practices in Risk Management 2008	The three finalists in the 2008 Negley Awards for Excellence in Risk management describe their distinguished and unique programs. Presenters explain how their programs can be replicated by others to minimize risk to clients and staff and protect the organizations bottom line.	1	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Courses for MHCA Organizations	Best Practices in Risk Mgt- MHCA	This course is a review of the Finalists in the 2007 Negley Awards for Awards in Risk Management. It contains the presentations by three mental health facilities.	1	None--Information Only
Courses for MHCA Organizations	Built to Change - MHCA	This course was the keynote speaker address for the 2007 MHCA conference. The presenter, Christopher G. Worley, PhD - Research scientist, Center for Effective Organizations, University of Southern California's Marshall School of Business, Associate Professor, Pepperdine University discusses the future of organizations. He reviews the theories and signs of change, the features of a Built to Change Organization and how leadership is different.	2	ANCC, 10, 14, 16
Courses for MHCA Organizations	Choices: School and Family Early Intervention- MHCA	This course describes the Choices Program which is a structured outpatient program for children identified as being at risk for academic failures, poor self-esteem and experiencing problems in the school, home and community. It describes the early intervention, family centered and research and theory based approach to working with at risk children.	1	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Courses for MHCA Organizations	Connecting the Four Generations: Jason Dorsey Part 1	This is the first part of the keynote address of the MHCA 2008 Winter Conference. This session is presenting by Jason Dorsey, an engaging Generation Y expert, author and entrepreneur. He delivers practical strategies and real-life examples that managers and executives can use to retain and inspire their young professionals.	1.5	None-Information Only

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Courses for MHCA Organizations	Connecting the Four Generations: Jason Dorsey Part 2	This is the second part of the keynote address of the MHCA 2008 Winter Conference. This session is presenting by Jason Dorsey, an engaging Generation Y expert, author and entrepreneur. He delivers practical strategies and real-life examples that managers and executives can use to retain and inspire their young professionals.	1	None-Information Only
Courses for MHCA Organizations	Customized Employment - MHCA	This course discusses supported employment including types of customized employment along with their tools and strategies. It provides an understanding of available grants and media publications which can be used to expand knowledge of the programs.	1	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Courses for MHCA Organizations	Fund Development 1- MHCA	This course discusses an approach to fundraising and analyzes an organizations fundraising strategies.	1.5	None-Information Only
Courses for MHCA Organizations	Fund Development 2- MHCA	This course discusses the steps to attracting major gifts in fundraising and analyzes approaches to attracting different levels of gifts.	1.5	None-Information Only
Courses for MHCA Organizations	Housing as a Community Development Strategy- MHCA	This course discusses an innovative approach to developing assisted housing, analyzing community supports available to develop housing and reviews the potential expenses and revenues related to this model of financing housing.	1	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Courses for MHCA Organizations	Integrated Healthcare: Public and Private MHCA	This course discusses the benefits of integrating behavioral and primary healthcare in both the public and private sectors. It discusses the challenges involved and the steps to take to make the integration successful. Several successful integrations are examined in the course.	1	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Courses for MHCA Organizations	Learn About It: MHCA Customer Satisfaction Survey	This MHCA 2008 Winter Conference course discusses the development, purpose, analysis and the reports related to the MHCA customer satisfaction survey. MHCA has developed a series of statistically valid and reliable satisfaction assessment surveys to be utilized in improving the quality of behavioral health services. Presenters describe how their organizations use and benefit from the system.	1	None-Information Only

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Courses for MHCA Organizations	Marketing/Fund Development Focus Group Part 1	This presentation targets the beginner to intermediate marketing program and explores the questions, rules, objectives and tactics of behavioral health promotion. It presents components, time lines and budget issues involved in creating and delivering a marketing plan.	1	None-Information Only
Courses for MHCA Organizations	Marketing/Fund Development Focus Group Part 2	This is the second part of the Marketing/Fund Development Focus Group presentation and targets the beginner to intermediate marketing program and explores the questions, rules, objectives and tactics of behavioral health promotion. It presents components, time lines and budget issues involved in creating and delivering a marketing plan.	0.5	None-Information Only
Courses for MHCA Organizations	Marketing/Fund Development Focus Group Part 3	This MHCA 2008 Winter Conference course discusses marketing messages to donor audiences.	1.5	None-Information Only
Courses for MHCA Organizations	Member Showcase: Total Family Strategies	This 2008 MHCA Winter Conference course discusses a comprehensive family support services program at Suncoast Center. This program enhances the strength and stability of families and promotes children's development.	1	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Courses for MHCA Organizations	MH & Addiction Services: Evolution Not Revolution - MHCA	This video course discusses the mission and operations of an organization's work to advocate for people with disabilities, summarizes the legislative efforts and recent research in mental health and addiction services.	1	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 16
Courses for MHCA Organizations	New Trends: Recovery Oriented Opportunities - MHCA	This video courses discusses how an organization can transform toward a recovery-based model, what a recovery approach means for persons with behavioral health issues and cites recent research in the recovery approach.	1	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16
Courses for MHCA Organizations	Provider Operated Pharmacies - MHCA	This course is about Provider Operated Pharmacies. It discusses the background of provider operated pharmacies, steps for implementation, cost saving involved and benefits.	1.5	None--Information Only
Courses for MHCA Organizations	Role of the CEO in Fund Development- MHCA	This course discusses how four specific organizations conduct fundraising, summarises ways to structure fund development initiatives and the recent research in fund development.	1.5	None-Information Only

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
Courses for MHCA Organizations	Team Approach to Fund Development	This MHCA 2008 Winter Conference course presents two foundations and their successful approach to fund development. Presenters describe how they have achieved success through team leadership and shared execution.	1.5	None-Information Only
Courses for MHCA Organizations	Trust Me!: Insights into Ethical Leadership MHCA	This course discusses ethics and the positive and negative impact of ethics; effective leadership and ethical decision making and ethical challenges faced by businesses today.	1	ANCC, ASWB, NBCC, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 16

Community Course Library
 Courses Available Upon Request
 Contact Customer Support for Assistance

EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
EL Community	Caring for Individuals in Wheelchairs	This course describes the basics of caring for individuals in wheelchairs including basic wheelchair etiquette, proper maintenance and how to reposition an individual in a wheelchair. This course has been donated to the community library by Lutheran Social Services of New England.	0.5	None-Information Only
EL Community	Coding for Outpatient Mental Health Treatment	This course is designed to help you understand and apply procedural and documentation requirements behind coding, including Medical Necessity, CPT and the HCPCS codes. This course has been contributed by Don Rosenberg, President and CEO of Shorehaven Behavioral Health Inc. in Brown Deer, Wisconsin.	4	None
EL Community	Defensive Driving Training	This course contributed to the EL Library by CBHCare of New Jersey provides an excellent overview of good driving attitudes and behaviors. It gives the facts about driving and accidents and describes important factors in preventing collisions and recognizing conditions that could result in accidents.	2	None
EL Community	Diagnosis and Special Needs	This 4 credit hour course contributed to the EL Community Library by The Way Station reviews the criteria used from the DSM-IV to diagnose a number of psychiatric disorders found in children and adults including: Asperger's; ADHD; Conduct Disorder; Oppositional Defiant Disorder; PTSD; Anxiety Disorders; Mood Disorders; Psychotic Spectrum Disorders and Personality Disorders, among others. The course also discusses treatment ideas	4	ANCC, 10, 14
EL Community	GAF	This course contributed to the EL Community Library by the Center for Mental Health provides information on how to use the Global Assessment of Functioning Scale to enhance clinician accuracy and interrater reliability.	1	ANCC, 10, 14

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EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
EL Community	Hiring and Interviewing Guide	This 2 hour course was graciously provided by Fellowship House of Florida. It is a good introduction to recruitment and selection for new supervisors as well as an update for experienced supervisors. The course provides an excellent review of employment law guidelines. It describes how to review resumes and employment applications and discusses the types and methods of interviewing. It also covers selecting the right candidate for the job and how to welcome your new staff member to the organization.	2	None
EL Community	Key Principles of Adult Learning		1	ANCC, 10, 14, 15
EL Community	Person and Family Centered Services	This course describes the person and family centered approach to providing services. It focuses on all aspects of service planning, funding and service delivery to the consumer. The course discusses the importance of consumer empowerment and choice in using behavioral health services and community resources in ways that make sense in their lives.	2	ANCC, 10, 14
EL Community	Security and Confidentiality	This course contributed to the EL Community Library by West Michigan Community Mental Health System provides a good overview of security and confidentiality issues as they relate to client records.	0.5	ANCC, 10, 14
EL Community	Services for the Hearing Impaired	This course was contributed to the EL Community Library by the DiDi Hirsch Community Mental Health Center of Los Angeles. It describes the Los Angeles County Department of Mental Health policies regarding access to services for clients with mental illness and hearing impairment and the procedures for utilizing translation and interpretative services to aid in treatment and care.	0.5	None
EL Community	Shaken Baby Syndrome	This course discusses the definition of shaken baby syndrome, how to recognize and prevent shaken baby syndrome. This course has been donated to the community library by Lutheran Social Services of the South.	1	ANCC, 10, 14, 15

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EL Library Subject	Course Name	Course Description	Credit Hours	Accreditations
EL Community	Sudden Infant Death Syndrome	This one-hour course reviews the meaning of sudden infant death syndrome and how to reduce the risks of sudden infant death syndrome. This course has been donated to the community library by Lutheran Social Services of the South.	1	ANCC, 10, 14, 15
EL Community	Suicide Assessment	This course contributed by Highline West Seattle Mental Health Center provides an overview of suicide assessment including the use of an suicide assessment tool	1	ANCC, 10, 14
EL Community	Suicide Prevention	This course was donated to the EL Community Library by Didi Hirsch CMHC of Los Angeles, California. It discusses the prevalence and risk factors associated with suicide. The course also covers signs and symptoms of suicidal behavior and the relationship between depression and Suicide. Effective staff responses and interventions for clients at risk for suicide are described.	2	ANCC, NAADAC, PDH, 10, 13, 14