

## **Demonstrating the Effectiveness of an Adult Partial Hospitalization Program**

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### **Content**

The presenters will share the purpose, context, methods (data collection processes, instruments used, statistical analysis), significant results, and implications of an effectiveness study they have recently completed that evaluated an adult partial hospital program. The study which had N=135 participants demonstrated statistically significant reductions in patient symptom severity across several diagnostic categories. Specific results will also include information on the clinical implications of treating clients with AXIS II diagnoses in a partial hospital setting. Demographic data related to client outcome will also be presented. Participants will be guided through the process of conducting the study as an example of how they may wish to conduct outcome evaluations of their programs. Practical tips and lessons learned will be shared in order to help colleagues consider some of the decisions they will need to make their research successful. The implications of the research as well as possible directions for further research will be shared.

Participants will be given a practical and extensive handout with information and bibliography making study replication possible.

### **Learning Objectives**

- Colleagues will learn about the programmatic context in which the research study was conducted (program services, client demographics, clinical variables)
- Colleagues will learn about the research design, procedure, and instruments used to collect data.
- Colleagues will learn about the process of data analysis used and the results of the study.
- The implications of the research results and their generalizability to other program settings will be presented.