

# The Poor Health Status of Consumers of Mental Health Care The Interaction of Behavioral Disorders and Chronic Disease

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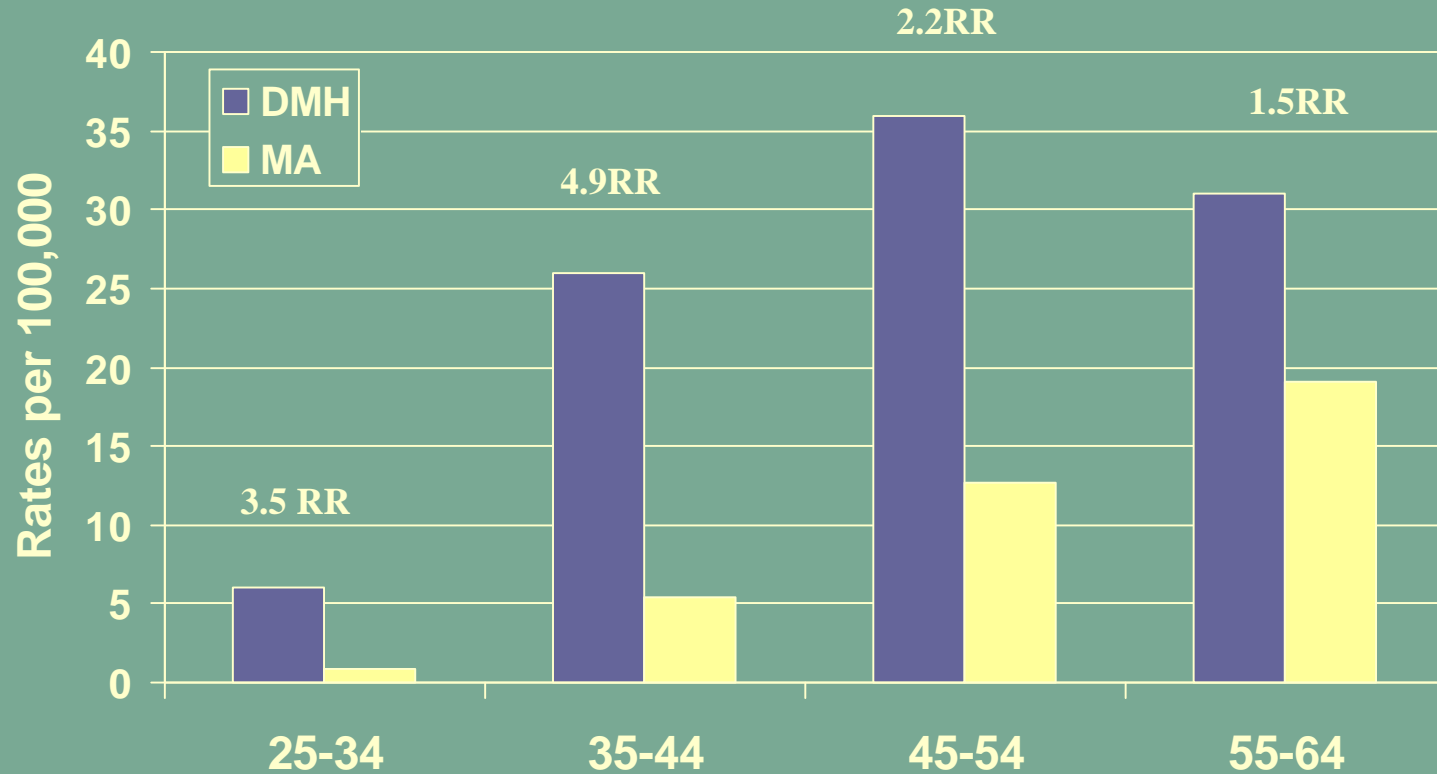
# **What Do We Know About the Health Status of Persons with Serious Mental Illness?**

## Recent Multi-State Study Mortality Data: Years of Potential Life Lost

Year	AZ	MO	OK	RI	TX	UT	VA (IP only)
1997		26.3	25.1		28.5		
1998		27.3	25.1		28.8	29.3	15.5
1999	32.2	26.8	26.3		29.3	26.9	14.0
2000	31.8	27.9		24.9			13.5

- ❖ Compared to the general population, persons with major mental illness on average lose 25 years of normal life span

## Deaths from Heart Disease by Age Group: Mass DMH Enrollees with SMI compared to General Massachusetts Population 1998-2000

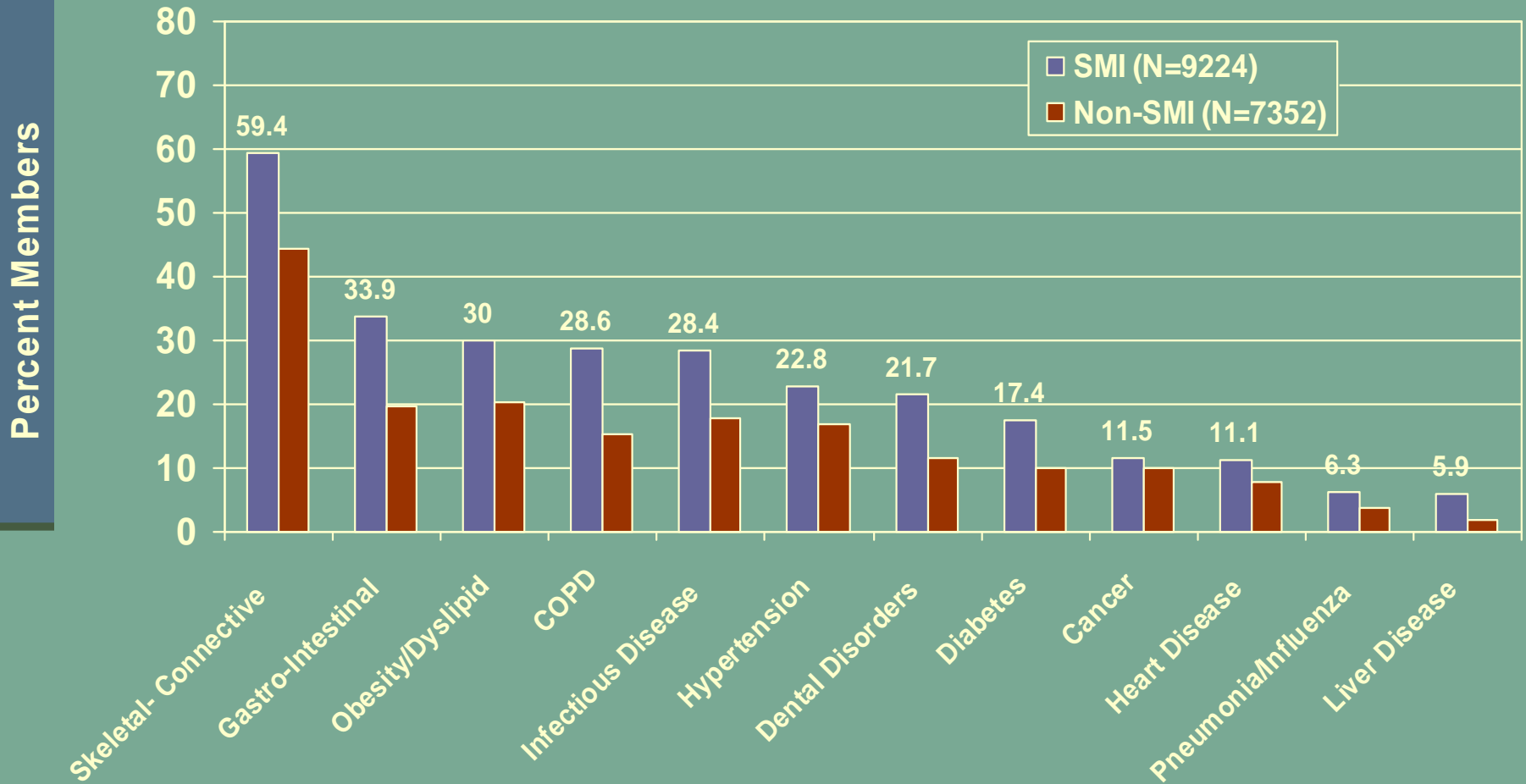


# Cardiovascular Disease is Associated with the Largest Number of Deaths in the SMI Population

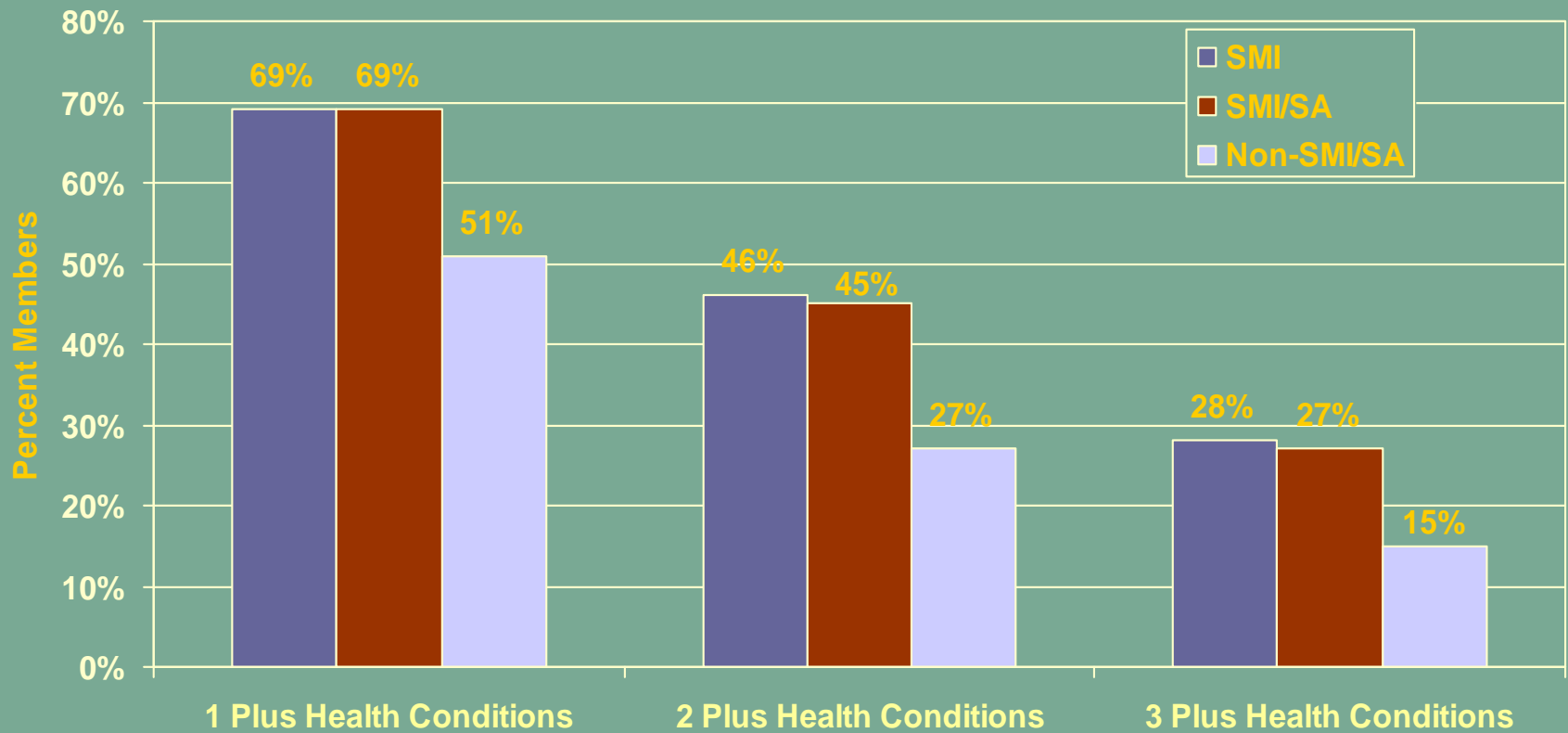
- ❖ Deaths related to heart disease exceed deaths from suicide

Maine SMI Health Study:  
Comparison of Medicaid Members  
with SMI to Medicaid members with  
no mental illness

# Comparison of Health Disorders Between SMI & Non-SMI Groups in Maine Medicaid



# Burden of Medical Illness



For Persons with SMI  
Chronic Health Conditions  
Are an  
**Expectation**  
Not an  
**Exception**

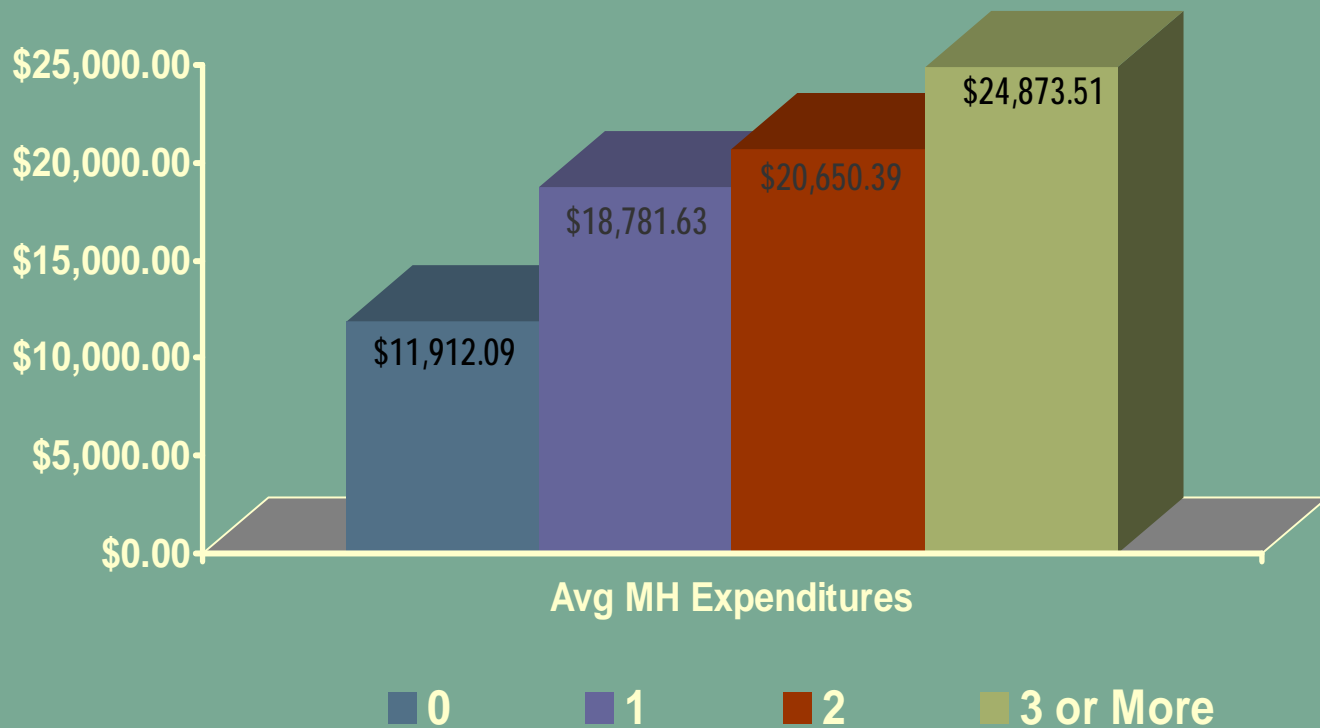
And  
Chronic Health Conditions  
**IMPEDE RECOVERY**

# Medical Expenses for Maine Medicaid Service Users 2002

<b>MH/SA Behavioral Services</b>	<b>\$359 PUPM</b>
<b>MH/SA Medical Services</b>	<b>\$422 PUPM</b>
<b>General MaineCare Medical Services</b>	<b>\$163 PUPM</b>

PUPM=per utilization per month

# Maine Medicaid Mental Health Expenditures for Persons with Serious Mental Illness and Chronic Health Conditions





# Department of Health and Human Services

*Maine People Living  
Safe, Healthy and Productive Lives*

*John E. Baldacci, Governor*

*Brenda M. Harvey, Commissioner*

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