



Analytics Improving Behavioral Health SM

NRI NEWSLETTER

The NRI Newsletter is a bi-monthly publication that brings together news and events relevant to our stakeholders of the public behavioral health system.

October 5, 2017

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SPOTLIGHT

NRI Psychiatric Bed Registries Report

Psychiatric bed registries have been gaining attention as one method to help connect patients with the appropriate services in a timely manner. NRI conducted a study to examine how many State Behavioral Health Agencies have implemented (or were in the process of developing) bed registries along with how these agencies are operationalizing their registries. Responses indicated that 16 states currently have an operational bed registry and 8 states are planning on developing, or are in the process of developing, a bed registry. [Read the report.](#)

STATE NEWS

Michigan Begins to Design 4 Pilot Projects to Test Mental Health Integration

The Michigan legislature approved a revised version of Section 298 as part of Public Act 107 of 2017. Under the revised Section 298, the Michigan legislature directed the Michigan Department of Health and Human Services to [develop and implement up to three pilots and one demonstration model](#) to test the integration of physical health and behavioral health services.

In August 2017, the department designated the Michigan Public Health Institute as the project facilitator for the Section 298 Initiative. The Michigan Public Health Institute will provide support to the department with facilitating stakeholder discussions and managing the development and implementation process.

[Read more.](#)

Mississippi and Washington Receive 2017 Lifeline State Capacity Initiative Grants

The U.S. Substance Abuse and Mental Health Services Administration (SAMHSA) and the National Suicide Prevention Lifeline (the Lifeline) have awarded the 2017 State Capacity Initiative grants to the Mississippi Department of Mental Health and the Washington Department of Health. [Learn more about the Lifeline network.](#)

RESEARCH

Early Exposure to Football May Have Long-Term Behavioral

Consequence

Findings published in Translational Psychiatry show that a neuropsychiatric assessment of former football players has found that those who began playing the sport before the age of 12 were more likely to report symptoms of depression and apathy decades later than those who started playing after they turned 12.

[Read more.](#)

Suicidality and Death by Suicide Among Middle-Aged Adults in the United States

This report, based on data from the annual National Survey on Drug Use and Health and the National Vital Statistics System, features findings about suicide attempts and suicide death rates among adults ages 45 to 64 from 2009 to 2014. [Learn more.](#)

FREE EDUCATIONAL OPPORTUNITIES

OCTOBER 10: Immigrant Students Experiencing Homelessness: Latest Developments & Resources

This webinar will provide the latest information on rules, rights and responsibilities for undocumented students, sponsors and families. An immigration attorney will outline do's and don'ts for schools serving immigrant students, and a McKinney-Vento liaison will share her practical strategies to help students and families. [Register now.](#)

OCTOBER 10: Developing Collaborative Comprehensive Case Plans

This webinar will provide an overview of a web-based tool that includes key priorities for developing and implementing collaborative comprehensive case plans and will feature grantee profiles as examples of lead case planners (behavioral health treatment providers, corrections, and community supervision).

[Register now.](#)

OCTOBER 12: Tracking Progress on Reducing the Number of People with Mental Illnesses in Jails

Join the Stepping Up partners for the sixth webinar in the Six Questions series. During this webinar, a national expert will provide an overview of how to track progress on reducing the prevalence of mental illnesses in jails using four key measures. [Register now.](#)

OCTOBER 18: The 2017 Revised Clinical Practice Guideline for PTSD: Recommendations for Medications

On the third Wednesday of each month, the PTSD Consultation Program hosts a webinar on a topic relevant to treating PTSD. The target audience includes mental health professionals or other health professionals interested in topics related to treating Veterans with PTSD. [Learn more.](#)

OCTOBER 19: Coping Strategies for Anxious Kids, What Parents Need to Know

This event hosted by The National Institute of Mental HealthTopics, will address: How to identify an anxious child; How to change anxious thinking; The science and biological roots of anxiety in children; How computer technology is transforming the understanding of anxiety; Current treatment options (medications & CBT: cognitive behavioral therapy). [Register now.](#)

NOVEMBER 1: Coping with Stress and Depression Training—How You Can Fit Mindfulness Into Your Busy Schedule

Unmanaged stress can lead to illness and depression. Practicing regular self-care can help you manage your stress, join to learn how to build in mindfulness exercises into your daily routine. [Register now](#)

FUNDING & AWARDS

HRSA Awards \$200 Million as States and Local Governments Tackle the Opioid Epidemic

The Health Resources and Services Administration (HRSA) awarded more than \$200 million to 1,178 health centers and 13 rural health organizations in every U.S. state, the District of Columbia, Puerto Rico, the Virgin Islands, and the Pacific Basin to increase access to substance abuse and mental health

services. [Learn more.](#)

HHS Commits \$144.1 Million in Additional Funding for Opioid Crisis

The U.S. Department of Health and Human Services has awarded an additional \$144.1 million in grants to prevent and treat opioid addiction in support of President Trump's commitment to combat the opioid crisis. The grants will be administered by the Substance Abuse and Mental Health Services Administration (SAMHSA). [Read more.](#)

Law Enforcement–Mental Health Learning Sites Program

In partnership with the U.S. Department of Justice's Bureau of Justice Assistance, the Council of State Governments Justice Center is seeking applicants for the Law Enforcement–Mental Health Learning Sites Program. This program is designed to identify and highlight agencies from across the country with successful police-mental health collaboration programs between the law enforcement and mental health systems that are willing to share their expertise with the field. [Learn more.](#)

\$89 Million Awarded to Largest-Ever Number of Community Coalitions To Prevent Youth Substance Use

The White House Office of National Drug Control Policy (ONDCP) announced \$89 million in Drug-Free Communities (DFC) Support Program grants to 719 local drug prevention coalitions—the largest number of single-year grantees since the program's founding. [Learn more.](#)

HELPFUL RESOURCES & LINKS OF INTEREST

[World Mental Health Day - 10 October](#) World Mental Health Day is observed on 10 October every year, with the overall objective of raising awareness of mental health issues around the world and mobilizing efforts in support of mental health.

[Mental Illness Awareness Week](#) During Mental Illness Awareness Week on Oct. 1-7, 2017, the National Alliance on Mental Illness and participants across the country are raising awareness of mental illness. Each year we fight stigma, provide support, educate the public and advocate for equal care. Each year, the movement grows stronger.

[SAMHSA Knowledge Network](#) SAMHSA recently announced the launch of its Knowledge Network, a new library of online behavioral health training, technical assistance, and workforce development resources for the healthcare community.

[SAMHSA Suicide Safe Mobile App](#) This free mobile app equips health providers with education and support resources to assess a patient's risk of suicide, communicate effectively with patients and families, determine appropriate next steps, and make referrals to treatment and community resources.

[National Center for PTSD: Resources for Managing Stress After Trauma](#) The National Center for Post-Traumatic Stress Disorder (PTSD) newsletter highlights resources to learn what to expect following a traumatic event and how to manage stress reactions, including self-care options and how to seek professional help.

[Hurricane Response Resources from the Center for the Study of Traumatic Stress](#) The Center for the Study of Traumatic Stress has developed a comprehensive information page with resources on a variety of topics applicable to the challenges of dealing with the aftermath of the recent hurricane disasters.

[National Suicide Prevention Lifeline Provides Disaster Distress Crisis Support](#) The Disaster Distress Helpline (DDH) is the nation's only hotline dedicated to providing year-round disaster crisis counseling. This toll-free, multilingual, crisis support service is available 24/7 via telephone (1-800-985-5990) and SMS (text 'TalkWithUs' to 66746) to residents in the U.S. and its territories who are experiencing emotional distress or other mental health concerns related to natural or human-caused disasters.

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