

Lessons Learned: Taking EBPs Statewide

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Implementation of Evidence-Based Practices: GOING STATEWIDE

■ Presentation Outline:

- Status of EBP implementation through state mental health authorities
- Lessons learned at NRI:
 - Workshops
 - Conferences
 - Site visits
- Implications for statewide implementation
- Actions needed at federal and state levels

Implementation of Evidence-Based and Promising Practices: Number of States Reporting Implementation

	2003	2004	2005 (draft)
Supported Housing	15	24	26
Supported Employment	18	27	29
ACT	16	24	33
Family Psychoeducation	5	10	11
Integrated Treatment/Dual Disorders	4	7	11
Illness Self-Management	6	9	10
Medication Management	---	8	9
Therapeutic Foster Care	7	12	20
Multisystemic Therapy	---	5	9
Family Functional Therapy	---	2	6

Implementation of Evidence-Based and Promising Practices: Number of States Maintaining Fidelity

	2003	2004	2005 (draft)
Supported Housing	2	1	2
Supported Employment	1	3	11
ACT	5	6	11
Family Psychoeducation	0	0	2
Integrated Treatment/Dual Disorders	0	0	3
Illness Self-Management	0	1	1
Medication Management	---	1	1
Therapeutic Foster Care	---	1	3
Multisystemic Therapy	---	2	10 (?)
Family Functional Therapy	---	1	2

Sources of Funding

- The broad array of evidence-based practices are primarily supported by state general funds
- Medicaid is an important source of funding but more so for ACT, MST, Therapeutic Foster Care than for Supported Employment, Illness Self-Management, and Family Psychoeducation
- Federal Mental Health Block Grant dollars are being used in an increasing number of states to support EBPs

Number of States Changing Implementation Status of Adult EBPs in States: 2001 to 2004

	ACT		Supported Employment		Medication Algorithm (Schizophrenia)		Medication Algorithm (Bipolar)	
	2001	2004	2001	2004	2001	2004	2001	2004
Planning to Implement	3	7	1	4	9	5	12	6
Piloting	5	3	2	1	4	7	3	4
Implementing Parts of State	24	26	19	16	4	12	3	9
Implementing Statewide	13	15	21	20	5	7	3	4
Number of States Responding	45	44	45	47	21	28	20	20

Number of States Changing Implementation of EBPs for Children/Youth in States: 2001 to 2004

	MST		Therapeutic Foster Care	
	2001	2004	2001	2004
Planning to Implement	1	3	10	12
Piloting	14	23	15	16
Implementing Parts of State	3	3	0	2
Implementing Statewide	5	4	1	8
Number of States Responding	27	29	26	33

Barriers Encountered by SMHAs When Implementing EBPs (2004)

45 States Responding

Financing issues in paying for EBPs	87%
Shortage of appropriately trained workforce	84%
Attaining or maintaining fidelity to EBP model standards	76%
Modification of the EBP model to meet local needs	60%
Resistance to implementing EBPs from providers	53%

Factors Affecting Statewide EBP Implementation

- System leadership
- Organizational culture/consensus
- IT capacity/outcomes measurement
- Policies/procedures
- Integration with performance/quality improvement
- Human resource capacity/training
- Funding methods

Initiatives Used to Promote the Adoption of EBPs

Initiative	2002 N=44	2004 N=44
Awareness/Training	86%	77%
Consensus building among stakeholders	86%	80%
Incorporation of EBPs in contracts	45%	45%
Monitoring of fidelity	57%	59%
Financial incentives	18%	32%
Modification of information systems and data reports	45%	50%
Budget requests	32%	43%

“It’s not the evidence-based practice, stupid.
It’s the evidence-based culture.”

■ Short-term

- Leadership commitment
- Consensus across stakeholders
- Outcomes orientation
- Communications/marketing

■ Long-term

- Outcomes orientation in a quality improvement framework
- Incorporation into contracts, incentives
- Training and technical assistance infrastructure

Complementary Connection Between Evidence-Based Practices and Outcomes

- EBPs are one mechanism to produce better outcomes
- As expected, when outcomes are not achieved, introduction (or modification) of specific interventions can make a difference
- **Bottom line: OUTCOMES MONITORING AT THE INDIVIDUAL LEVEL IS CRITICAL**

Adapting EBPs

- “Fidelity is important, but it is the derivations from fidelity which are allowed that defines what happens.”
 - Local adaptations
 - Cultural adaptations
 - Adaptations for rural areas

Systemwide Expectations

■ “Doing our best is not enough. Sometimes we must do what is required.”

~ Winston Churchill

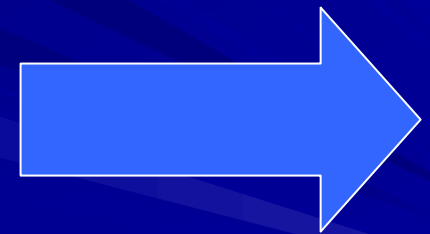
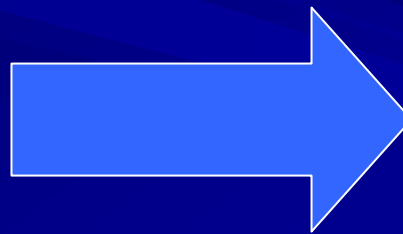
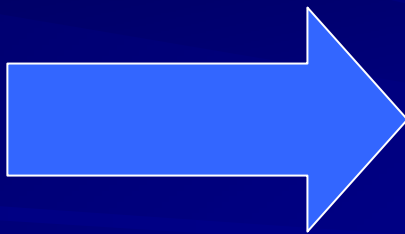
- Role of legislation
- Standards
- Contracts

Statewide Implementation of Evidence Based Practices

- **Demonstration projects**
 - Training
 - Supports

- **Organizational assessment**
- **Standards/regulations**
- **Financing/fiscal incentives**
- **Training and support**

- **Contractual requirements**
- **Intensive technical assistance / support**



Early Adopters
("enthusiasts")

Late Adopters

Non-Adopters