



Implementing Consumer Education - MedMap

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Implementing Peer to Peer Education Groups

GETTING STARTED

- ❖ **First**, get both peers & providers “on the same page” with key concepts.
 - Recovery – What is it?
 - Medical vs. Recovery Mode
 - Recovery-Oriented-Services & Why a Peer to Peer
 - Education Group is a ROS.
 - Benefits to group members *and* Peer Facilitators

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GETTING STARTED

- ❖ **Second**, develop a “people friendly “ Training Curriculum and Teaching Curriculum.

- ❖ **Third**, recruit Peers that:
 - Believe in the power of “peer to peer”

 - Tell a Wellness vs. Illness Story

 - *Want* to participate

Implementing Peer to Peer Education Groups

Moving Forward

- Organize!
- Listen!
- Simplify!
- Organize
- Listen
- Simplify!
- Organize!
- Follow -through!



Barriers to Peer to Peer Education Implementation

- Funding for Consumer Education not built into grant
- Transportation
- Issues with Staff wanting to teach
- Non-Billable Hours
- No other Peer to Peer groups

BENEFITS to Peer to Peer Education Groups

- Group members reported satisfaction and learning on Survey
- 6 week program - no one wanted to leave - Chose to stay and repeat curriculum over and over.
- Peer Facilitators blossomed!
- Started with 15; 9 are still facilitating
- 3 of those have passed their exams to become 3 of the first 24 Certified Peer Specialists in Kentucky!