



State Profile Highlights

New Information from the National Association of State Mental Health Program Directors Research Institute, Inc (NRI)

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Children and Youth Mental Health Services: 2002-03

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MAJOR FINDINGS

- ★ Children and youth mental health services are provided by the SMHA in 34 states and shared with another agency in 14 states.
- ★ Child Welfare Agencies are located in the same umbrella agency as the SMHA in 23 states.
- ★ At least 600,000 youths with a serious emotional disturbance are receiving services during FY 2002.
- ★ Specific diagnoses and functional levels are the two most used factors in the determination of serious emotional disturbance.

Responsibility for Mental Health Services: In more than two thirds of states, children and youth mental health services are provided by the State Mental Health Agency (SMHA). In 34 states, the SMHA is responsible for administering children and youth mental health services. In 14 states, the responsibility is shared with another agency. Child/Adolescent mental health is part of the SMHA in 36 states. It is part of the same umbrella department at the SMHA in 8 states. In 3 states it is in a different department from the SMHA. Child Welfare Agencies are located in the same umbrella agency as the SMHA in 23 states. In 22 states it is located in a different state department.

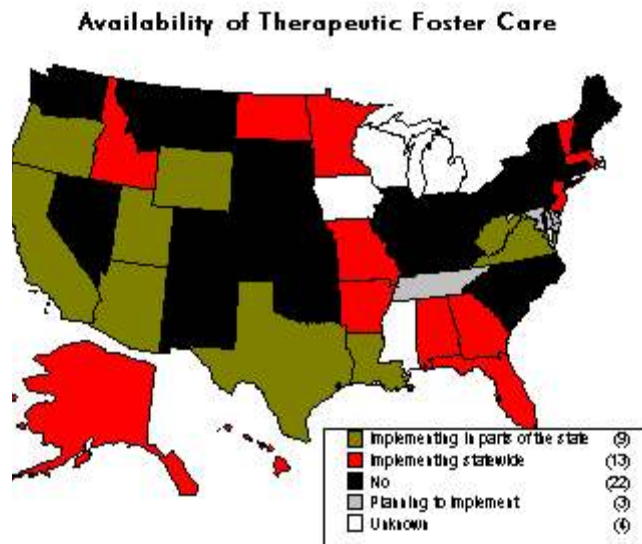
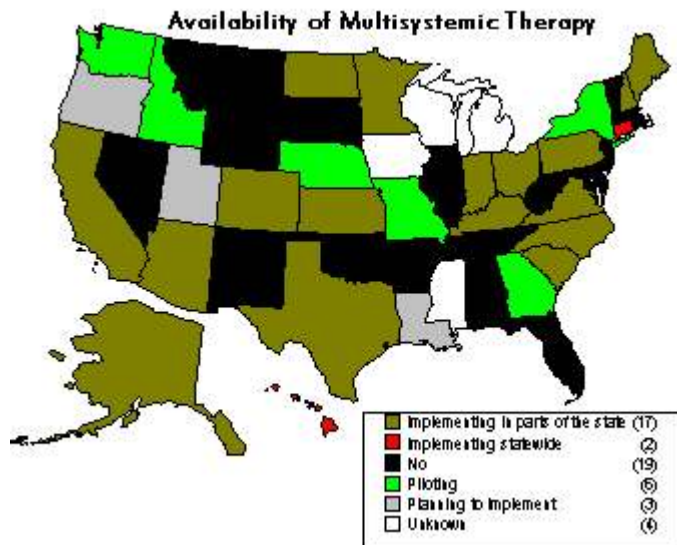
The most common form of organization for states (15) is to have the Child Welfare in a different department as the SMHA, which is responsible for child and youth mental health services. In 13 states, the Child Welfare is in the same umbrella agency as the SMHA, which is responsible for child and youth mental health services. In 5 states, Child Welfare is in the same umbrella agency as the SMHA, child/adolescent mental health is part of the SMHA, but shares the administration of these services with another state agency.

State	Child Welfare in Same Department as SMH A	SMHA is Responsible for Administering Child and Youth Mental Health Services	Location of child/adolescent mental health in relation to SMH A
AK	Some Departments	Part of SMHA	Part of SMHA
AL		Part of SMHA	Part of SMHA
AR	Some Departments	Shared with other agency	Part of SMHA
AZ		Part of SMHA	Part of SMHA
CA		Part of SMHA	Part of SMHA
CO	Some Departments	Shared with other agency	Some Departments
CT	Some as Children's SMHA	Part of Children's SMHA	Some Departments
DC		Part of SMHA	
DE		Shared with other agency	
FL	Some Departments	Part of SMHA	Part of SMHA
GA	Some Departments	Part of SMHA	Part of SMHA
HI		Part of SMHA	Some Departments
IA	Some Departments	Shared with other agency	Part of SMHA
ID	Some Departments	Shared with other agency	Some Departments
IL		Part of SMHA	Part of SMHA
IN	Some Departments	Part of SMHA	Part of SMHA
KS	Some Departments	Part of SMHA	Part of SMHA
KY		Part of SMHA	Part of SMHA
LA		Part of SMHA	Some Departments
MA	Some Departments	Shared with other agency	Part of SMHA
MD		Part of SMHA	Part of SMHA
ME		Part of SMHA	Part of SMHA
MI			
MN	Some Departments	Shared with other agency	Some Departments
MO		Shared with other agency	Part of SMHA
MS			
MT	Some Departments	Part of SMHA	Part of SMHA
NC	Some Departments	Part of SMHA	Part of SMHA
ND	Some Departments	Part of SMHA	Part of SMHA
NE		Part of SMHA	
NH	Some Departments	Part of SMHA	Some Departments
NJ	Some Departments	Shared with other agency	Part of SMHA
NM		Shared with other agency	
NY		Part of SMHA in Rural areas	Part of SMHA
OH		Part of SMHA	Part of SMHA
OK		Part of SMHA	Part of SMHA
OR	Some Departments	Part of SMHA	Part of SMHA
PA	Some Departments	Part of SMHA	Part of SMHA
RI		No very availability	
SC		Shared with other agency	Part of SMHA
SD		Part of SMHA	Part of SMHA
TN		Shared with other agency	Part of SMHA
TX		Part of SMHA	Part of SMHA
UT	Some Departments	Shared with other agency	Part of SMHA
VA		Part of SMHA	Part of SMHA
VT	Some Departments	Part of SMHA	Part of SMHA
WA	Some Departments	Part of SMHA	Part of SMHA
WI		Part of SMHA	Part of SMHA
WV	Some Departments	Part of SMHA	Part of SMHA
WY		Shared with other agency	Some Departments

The SMHA Profiles System was developed by the NASMHPD Research Institute, Inc., under contract No. 280-99-0502 from the Substance Abuse and Mental Health Services Administration/Center for Mental Health Services (CMHS)/Division of State and Community Systems Development/Survey and Analysis Branch. Cited reproductions, comments and suggestions are encouraged.

Determination of Serious Emotional Disturbance: In 32 states, (AL, AZ, CO, CT, DC, FL, GA, IL, IN, KS, KY, MA, MD, ME, MN, MO, MT, NC, NH, NJ, NV, NY, OH, OK, OR, PA, SD, TN, TX, UT, WV, WY) specific diagnoses are factors in the state's determination of children/adolescents with serious emotional disturbance.. In 27 states (AL, CO, CT, DE, FL, GA, IL, IN, KS, KY, LA, MA, MD, ME, MN, MO, MT, NC, ND, NE, NH, NJ, NV, NY, OH, OK, OR, PA, SD, TN, TX, UT, VT, WA, WV, WY), functional levels are a factor. In Indiana, Kentucky, Missouri, and Montana, duration is a factor. In 7 states (CA, CT, DE, MA, NC, PA, TN) other factors are used. At least 600,000 youths with a serious emotional disturbance are receiving services in any mental health program during FY 2002.

Evidence Based Practices: Multisystemic Therapy is available in half the states. In Connecticut and Hawaii it is available statewide. In 17 states it is available in parts of the state. In 6 states it is being piloted and 3 states are planning its implementation. Therapeutic Foster Care is available in 22 states. In 13 states it is available statewide. In 9 states it is available in parts of the state and in 3 states are planning its implementation.



Juvenile Justice/Youth Corrections: In 20 states, multiple state agencies are responsible for providing direct mental health services to persons in the child/adolescent juvenile justice system. In 17 states (AK, AZ, CO, CT, ID, IL, LA, MO, MT, NC, NH, OR, RI, VT, WA, WV, WY), the State Corrections agency is responsible. In 19 states (AZ, CA, CO, DC, DE, FL, HI, MA, MD, MO, NY, OR, SC, SD, TN, VA, VT, WA, WY) the SMHA is responsible. In 23 states (AK, AL, AR, CT, DC, DE, GA, HI, KS, MA, MD, MO, NJ, NM, NV, NY, OH, OK, PA, SC, TX, UT, VA), other agencies are responsible.

Acute Inpatient Beds: Twenty-six (26) SMHAs (AK, AL, AR, CO, CT, GA, ID, IL, KS, LA, MD, MO, NC, ND, NE, NH, NY, OK, SC, SD, TN, TX, UT, VA, WA, WY) use their psychiatric hospital beds for acute inpatient (less than 30 days) care of youth. Twenty-six (28) (AK, AL, AR, AZ, CA, CO, ID, IL, KS, MA, MD, MN, MO, NC, ND, NE, NH, NJ, NY, OK, SC, SD, TN, TX, UT, VA, WA, WY) use them for intermediate (30-90 days) inpatient care of youth. Twenty-three (23) (AL, AR, CA, CO, GA, ID, IL, IN, KS, MD, MN, NE, NJ, OK, OR, SC, SD, TN, TX, UT, VA, WA, WY) use them beds for long-term inpatient care of youth.

The SMHA Profile Highlights are based on information from 47 SMHAs. The SMHA Profiles data are available via the Internet at www.nri-inc.org. For further information on these data or the State Profiles System, please contact Ted Lutterman at (703) 739-9333 ext. 121 or via e-mail at ted.lutterman@nri-inc.org. For information on the NASMHPD Research Institute's Center for Mental Health Quality and Accountability, contact Dr. Vijay Ganju, Center Director at (703) 739-9333 ext. 132 or via e-mail at vijay.ganju@nri-inc.org.