

# Bringing Health into Mental Health Care

Add BRFSS questions to data  
mental health systems already  
collect

# **BRFSS Questions added to Mental Health Consumer Satisfaction Survey**

- Height and Weight (translated into Body Mass Index)
- Have you ever been told by a doctor or health professional that you have.....(coronary artery disease, heart attack, diabetes, high blood pressure, high cholesterol)
- Do you smoke
- How many days during the last month was your physical health not good?

# Health Risk

## Maine BRFSS and MH Consumer Satisfaction Survey

	<b>MH Consumer Survey</b>	<b>BRFSS Maine Rate</b>
<b>Smoking</b>	<b>48.6%</b>	<b>20.1%</b>
<b>Obese</b>	<b>63.2%</b>	<b>23.2%</b>

# Chronic Health Conditions

## Maine BRFSS and Consumer Survey

	<b>Coronary Artery Disease</b>	<b>Diabetes</b>
<b>BRFSS Maine Overall</b>	5.7%	7.8%
<b>BRFSS Maine Age 18-64</b>	2.8%	5.8%
<b>Mental Health Consumer Survey</b>	9.9%	24.5%

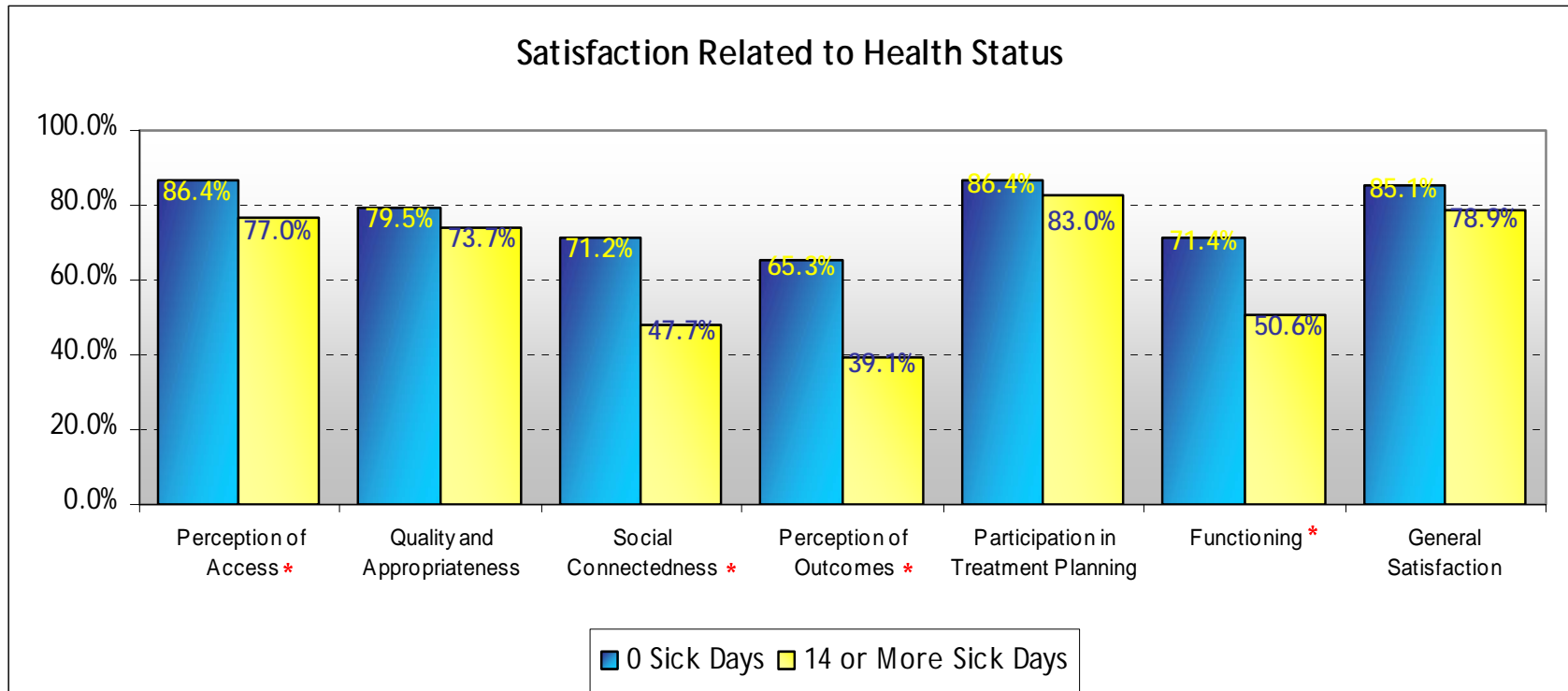
# Physical Ill Health

14 or more days poor physical health

Mental Health Consumer: 21.5%

All Mainers (BRFSS): 11.6%

# Satisfaction Related to Health Status



- Significant differences were found (marked with red asterisks) between those who reported 0 sick days in the last month and those who reported being sick more than 14 days in four domain areas.
- The significant differences were found in Perception of Access (86.4% vs. 77.0%), Social Connectedness (71.2% vs. 47.7%), Perception of Outcomes (65.3% vs. 39.1%), and Functioning (71.4% vs. 50.6%).

# Satisfaction Results

## Consumers with and without Physical Ill Health

<b>Social Connectedness</b>	<b>0 Physically Unhealthy Days</b>	<b>14 or more Physically Unhealthy days</b>
<b>Don't have support family/friends</b>	22.7%	44.2%
<b>Don't belong in community</b>	20.2%	49.3%
<b>Don't have people with whom to do enjoyable things</b>	24.4%	51.8%

# Satisfaction Results

## Consumers with and without Physical Ill Health

<b>Outcomes</b>	<b>0 Physically Unhealthy Days</b>	<b>14 or more Physically Unhealthy days</b>
<b>Don't deal well with daily problems</b>	19.7%	50.4%
<b>Not able to control life</b>	20.5%	49.2%
<b>Not better school/work</b>	22%	41.5%
<b>Housing not better</b>	24.8%	46.1%

# Satisfaction Results

## Consumers with and without Physical Ill Health

<b>Functioning</b>	<b>0 Physically Unhealthy Days</b>	<b>14 or more Physically Unhealthy days</b>
<b>Symptoms bother me as much</b>	18.3%	48.5%
<b>Not able to do things I want to do</b>	20.9%	45.3%
<b>Not able to handle things that go wrong</b>	22.9%	42.4%

# Satisfaction Results

## Consumers with and without Physical Ill Health

<b>Access</b>	<b>0 Physically Unhealthy Days</b>	<b>14 or more Physically Unhealthy days</b>
<b>Staff not willing to see me as often as I feel is necessary</b>	<b>22.1%</b>	<b>51.6%</b>
<b>Not able to see a psychiatrist when I want to</b>	<b>19.4%</b>	<b>51.5%</b>
<b>Unable to get all services I think I need</b>	<b>28.5%</b>	<b>43.9%</b>