



NRI NEWSLETTER

The NRI Newsletter is a bi-monthly publication that brings together news and events relevant to our stakeholders of the public behavioral health system.

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SPOTLIGHT

Tobacco Cessation Interventions and Smoke-Free Policies in Mental Health and Substance Abuse Treatment Facilities – United States, 2016

This Centers for Disease Control and Prevention (CDC) and SAMHSA [analysis examined tobacco-related policies and practices in mental health and substance abuse treatment facilities](#) in the U.S. including Puerto Rico.

This research relates to an NRI report, [Effects of Adopting a Smoke-Free Policy in State Psychiatric Hospitals](#), which investigated how adopting a smoke-free policy in state psychiatric hospitals affected key factors, including adverse events, smoking cessation treatment options, and specialty training for clinical staff about smoking-related issues.

FEDERAL & STATE NEWS

New Law Helps States Pay for Mental Health and Substance Abuse Services with Federal Foster Care Funds

The Family First Prevention Services Act, passed in February, gives states new opportunities to provide mental health and substance abuse services to prevent placement of children in foster care. [Read more.](#)

Federal Subsidies for Health Insurance Coverage for People Under Age 65: 2018 to 2028

A May 23 report from the Congressional Budget Office and the Joint Committee on Taxation says Federal government subsidies for health insurance will cost \$685 billion in 2018 for non-institutionalized people under age 65. [Learn more.](#)

Utah Governor Signs Comprehensive Package of Bills Addressing Mental Health Crisis Outreach and Suicide Prevention

On April 24, Utah Governor Gary Herbert of Utah signed eight mental health crisis outreach and suicide prevention bills at a ceremonial bill-signing attended by mental advocates, providers, lawmakers and people who have lost loved ones to suicide. The bills aim to promote better mental health treatment and suicide prevent across the state. [Read more.](#)

Colorado Governor Signs Bill to Address Jail Behavioral Health

The Colorado legislature sent Senate Bill (SB) 18-249 to the governor, which he signed on May 30. Senate Bill (SB) 18-249: Redirection Criminal Justice Behavioral Health creates up to four pilot programs to divert individuals with low-level criminal behavior and a mental health condition to community resources and treatment rather than continued criminal justice involvement (program). [Learn more.](#)

Improving Life Outcomes for Children with History of Mental Health Challenges and Trauma

A new report indicates that nearly half (46 percent) of the nation's children birth through 17 years of age report having experienced at least one traumatic event in their lifetime. [Read more.](#)

RESEARCH

Financial Incentives More Likely to Get People to Quit Smoking

Financial incentives are a more effective way to get employees to quit smoking than offering free deterrents such as nicotine patches or e-cigarettes, according to a study in the New England Journal of Medicine. [Read more.](#)

Social Communication Impairments in Childhood Sometimes Linked to Later Suicidal Behavior

According to a report in the Journal of the American Academy of Child & Adolescent Psychiatry, children who have difficulty communicating in social situations—a trait common in children with autism spectrum disorder (ASD)—may be at higher risk for suicidal ideation and behavior in late adolescence compared with those without these problems. [Read more.](#)

Coordinated Specialty Care Program in NY Shows Promise in Early Treatment of Psychosis

Patients with recent-onset psychosis who participated in a coordinated specialty care program in New York state experienced significant improvements in health, function, and education/employment within months, according to a report published in Psychiatric Services in Advance. [Read more.](#)

Visits for Suicide Ideation, Attempts More Than Doubled at U.S. Children's Hospitals Since 2008

Surveillance studies have reported that the number of suicide ideation and suicide attempts have been increasing among children in the United States over the last decade. [Read more.](#)

Resistance Exercise Training May Reduce Symptoms of Depression

Resistance exercise training appears to significantly reduce depressive symptoms among adults regardless of health status, the time spent exercising, or whether the training resulted in significant improvements in strength, according to a meta-analysis in JAMA Psychiatry. [Read more.](#)

FREE EDUCATIONAL OPPORTUNITIES

JUNE 8: A Meeting of the Interdepartmental Serious Mental Illness Coordinating Committee (ISMICC)

The Interdepartmental Serious Mental Illness Coordinating Committee (ISMICC) announced that it will hold an all-day public meeting via webcast on June 8 in Washington, D.C. The meeting will include information on federal efforts related to serious mental illness (SMI) and serious emotional disturbance (SED), including data evaluation, and recommendations for action. [Learn more.](#)

FUNDING & AWARDS

FY 2018 Certified Community Behavioral Health Clinic Expansion Grants

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS) is accepting applications for fiscal year (FY) 2018 Certified Community Behavioral Health Clinics (CCBHCs) Expansion Grants (Short Title: CCBHC Expansion Grants). The purpose of this program is to increase access to and improve the quality of community behavioral health services

through the expansion of CCBHCs. [Learn more.](#)

Infant and Early Childhood Mental Health Grant Program

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS) is accepting applications for fiscal year (FY) 2018 Infant and Early Childhood Mental Health Grant Program. Eligible children for services include children from birth to not more than 12 years of age, who are at risk for, show early signs of, or have been diagnosed with a mental illness including a serious emotional disturbance. [Learn more.](#)

HELPFUL RESOURCES & LINKS OF INTEREST

[The Comprehensive Community Mental Health Services for Children with Serious Emotional Disturbances](#) This 2016 report provides an overview of data from the Comprehensive Community Mental Health Services for Children with Serious Emotional Disturbances program. It presents findings that indicate that systems of care provide services and promote positive outcomes for underserved children and youth within the mental health system.

[Finding Quality Treatment for Substance Use Disorders](#) This fact sheet serves as a guide for individuals seeking behavioral health treatment. It provides three necessary steps to complete prior to utilizing a treatment center and the five signs of a quality treatment center, which include a review of the accreditation, medication, evidence-based practices, position on the role of families, and support networks.

[Preventing Prescription Drug Misuse: Data Resources](#) This decision-support tool provides information on data sources and measures to help practitioners understand the non-medical use of prescription drugs in their communities.

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National Association of State Mental Health Program Directors Research Institute

3141 Fairview Park Drive, Suite 650, Falls Church, VA 22042
www.nri-inc.org

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