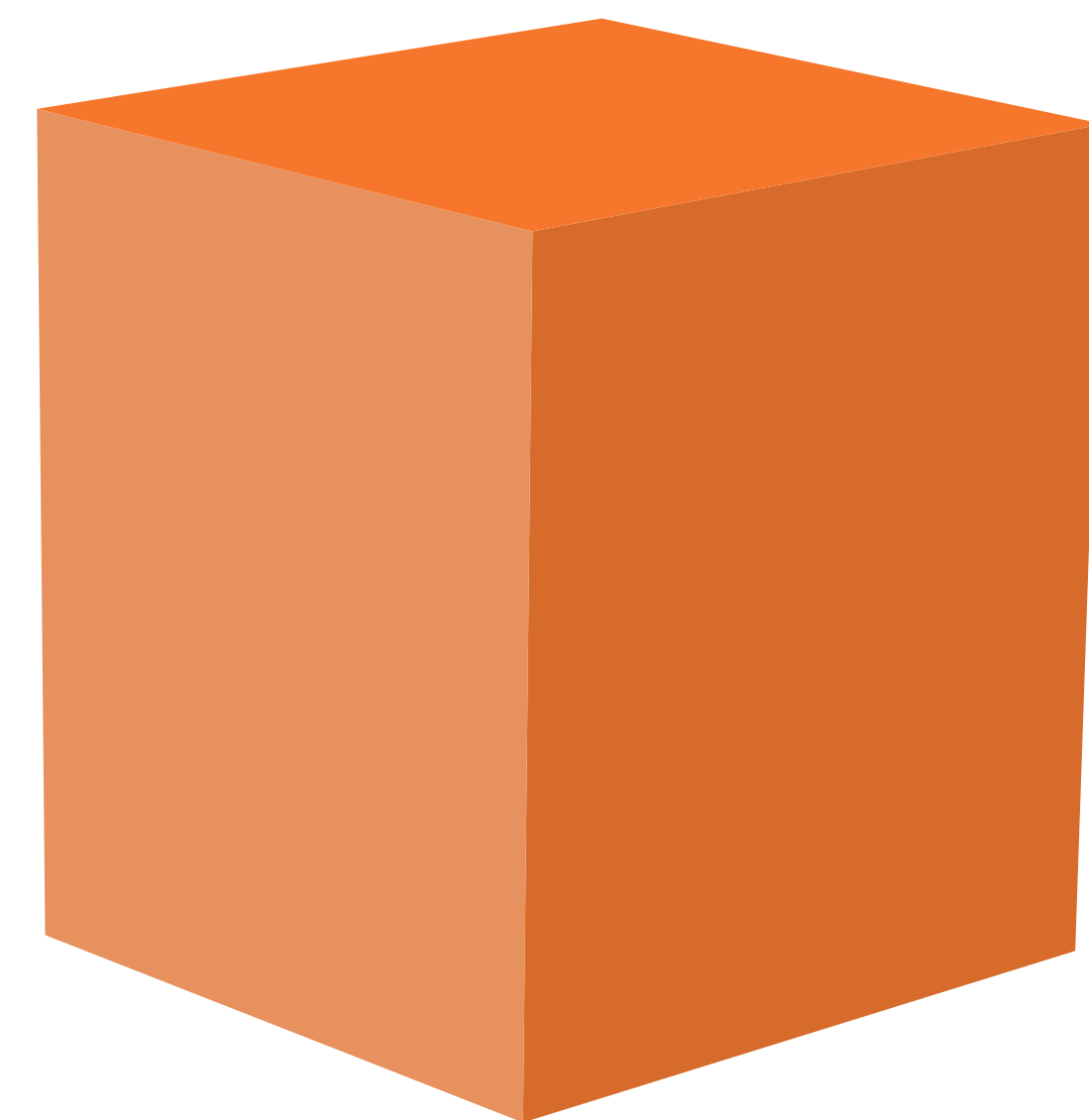


Tobacco Cessation Change Process

Clinicians endeavor to extend individual client's tobacco cessation gains during inpatient psychiatric hospitalization to ongoing recovery management. Change management theory, coupled with action steps, enable organizational change that can lead quality efforts to have a greater and more enduring impact on tobacco cessation outcomes beyond the point of discharge.



Unfreeze

[CDC: MH, Tobacco Use and Quitting](#)
[KS Tobacco Org Readiness Assessment](#)
[PMI Change Readiness](#)
[NASMHPD Tobacco Cessation Policy](#)
[Smoking Cessation Leadership Center](#)
[State Psych Hospitals Smoke-free Policy 2008](#)
[State Psych Hospital Smoke-free Policy 2012](#)
[State by State Tobacco Status](#)
[HHS 2008 Tobacco Use Treatment Guidelines](#)
[Tobacco Control Policies 2020](#)

Credit: Lewin Change Model, 1947

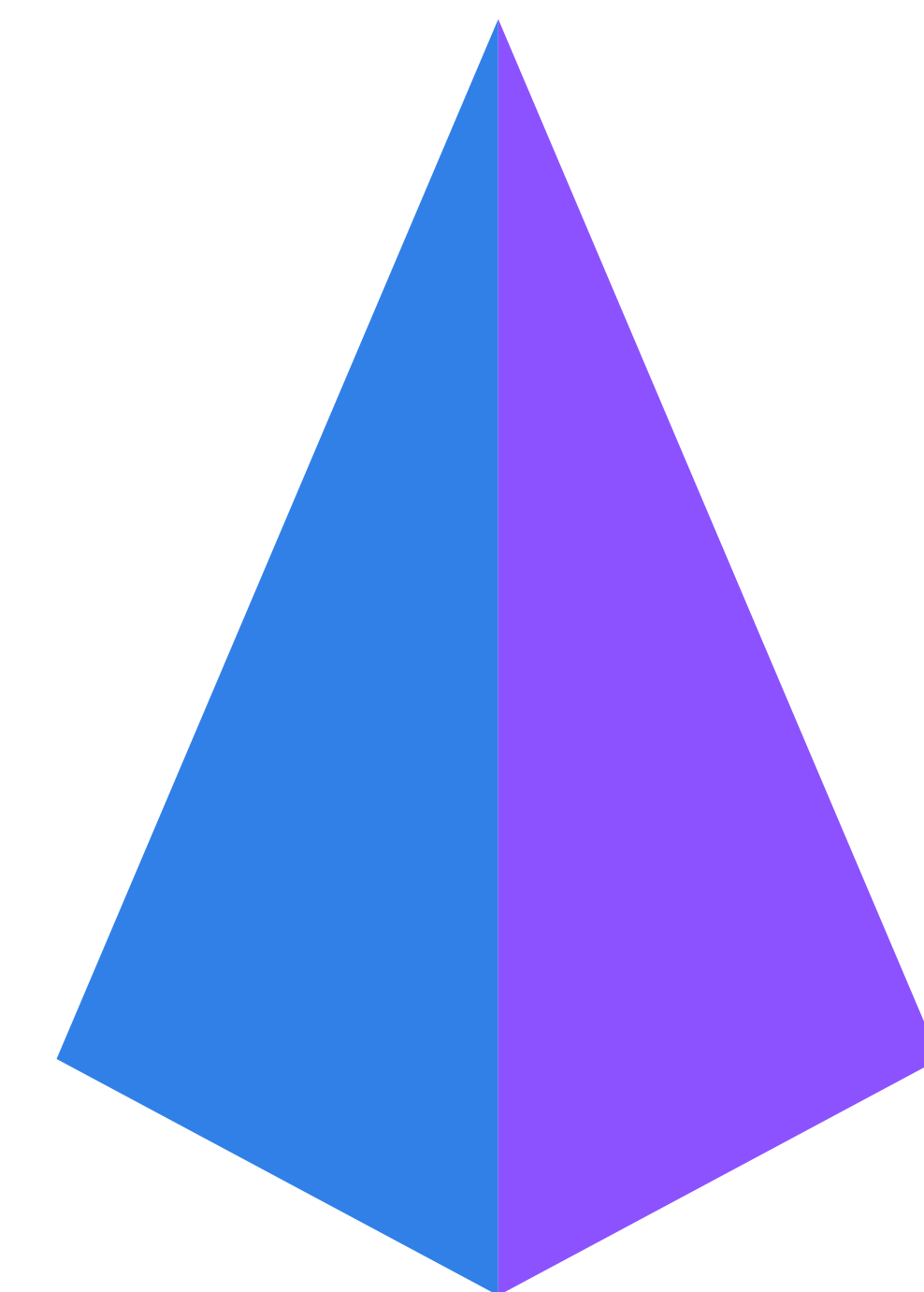


Change

[CDC Tobacco Cessation Change Package](#)
[NIDA Blending Initiative infographic](#)
[MI: Supervisory Curriculum](#)
[Rx for Change](#)
[Stage Based Smoking Interventions](#)
[OK Cessation Promising Practices](#)
[Pharmacist Prescribing Map](#)
[OK Funds Tobacco Interventions](#)
[Tobacco Cessation Clinical Actions](#)

Change Models

[Lewin Change Model](#)
[Kotter Change Model](#)
[TTM and Stages of Change Model](#)



Refreeze

[NRI Performance Measurement Guidance](#)
[OK Peer Specialists Enhance Workforce](#)



Funding support for this project was provided by the Smoking Cessation Leadership Center

Tobacco Cessation Change Process

UNFREEZE

<https://www.cdc.gov/tobacco/disparities/mental-illness-substance-use/index.htm>
<https://kdads.ks.gov/provider-home/providers/behavioral-health-tobacco-initiatives/self-assessment-kansas-tobacco-guideline-for-behavioral-health-care>
<https://www.pmi.org/learning/library/change-readiness-11126>
<https://nasmhpd.org/content/nasmhpd-releases-policy-statement-tobacco-cessation-all-behavioral-health-settings>
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<https://www.nri-inc.org/our-work/nri-reports/effects-of-adopting-a-smoke-free-policy-in-state-psychiatric-hospitals/>
<https://www.nri-inc.org/our-work/nri-reports/smoking-policies-and-practices-report/>
<https://truthinitiative.org/research-resources/smoking-region/what-your-state-doing-about-tobacco>
<https://www.ncbi.nlm.nih.gov/books/NBK63952/>
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CHANGE

https://millionhearts.hhs.gov/files/Tobacco_Cessation_Change_Pkg.pdf
https://smokingcessationleadership.ucsf.edu/sites/smokingcessationleadership.ucsf.edu/files/Documents/FactSheets/Smoking-Cessation-During-Treatment-Infographic_NIDA_&_SAMHSA.pdf
<https://www.drugabuse.gov/nidamed-medical-health-professionals/ctn-dissemination-initiative/motivational-interviewing-assessment-supervisory-tools-enhancing-proficiency-miastep>
<https://rxforchange.ucsf.edu/>
<https://pubmed.ncbi.nlm.nih.gov/21069681/>
<https://www.cdc.gov/tobacco/disparities/promising-policies-and-practices/additional-state-activities.html>
<https://naspa.us/resource/tobacco-cessation/>
<https://www.cdc.gov/tobacco/disparities/promising-policies-and-practices/grant-funding-in-oklahoma-changes-systems-for-tobacco-use.html>
<https://www.nri-inc.org/focus-areas/performance-measurement/clinical-oversight/tobacco-cessation/clinical-action/>

REFREEZE

<https://www.nri-inc.org/media/1696/nriperformancemonitoringguidance.pdf>
<https://www.bhthechange.org/story/peer-specialists-enhancing-the-behavioral-health-workforce-to-address-tobacco-cessation/>

CHANGE MODELS

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